

Feb. 1-9

We're bringing the BIG GAME to the swimming pool for **Super Swim 2025!** Sign up as the team you will cheer for on Sunday and track the yards you swim. The team with the most combined yards swam will win bragging rights. Register at Scott Pool, call 808-473-0394 for more information.

#greatlifehawaii

A quick guide to what's going on with MWR, CYP and MFSC.

FEB. GOLF TOURNAMENT

1 Pro Blitz Week by Armed Forces Entertainment begins with the Golf Tournament with NFL Hall of Famers! Golf with football legends at Barbers Pt Golf Course.



FEB. YOUTH FOOTBALL & CHEER CLINICS

5 The Youth Football & Cheer Clinics return for another successful year! Youth ages 5-18 can learn the skills from professional cheerleaders and former players. The clinics are free but registration is required and space is limited.

Feb. 7 Start the weekend right with **Pau Hana at Wright Brothers Cafe and Grille**. Ease into the weekend, starting at 4:30 p.m. with refreshing drinks, tempting bites and music as we watch the sun set over Hickam Channel.

FEB. SUPER SUNDAY WATCH PARTIES

9 It's down to the final two teams, who will claim the title of Super Bowl champion when it's all over? Find out at our watch parties!



The Sandbar & Tradewinds

Be sure to say hi to the NFL cheerleaders when they stop in. Giveaways and other surprises await too!



Liberty at Kona Winds

For our JBPHH single sailors/airmen, E1-E6. Enjoy FREE food, play fun games and maybe win some giveaways!

Feb. 14 It's a special **Valentine's Day Mongolian BBQ** at Tradewinds! Bring your special someone from 5-8 p.m. for a Mongolian meal! With succulent meats, fresh vegetables, delicious noodles and plenty of rice, we're already dreaming of the best BBQ around. \$1.55/ounce. Rice and noodles included. Call Tradewinds at 808-449-7144 to make your reservation!

Feb. 15 Train for the JBPHH Duathlon with an **Open Water Swim Race** at Hickam Beach. It's a 1200 meter swim in the waters of Hickam Beach. Entry fee is \$20 and is open to all DoD ID cardholders 16 and up. *No late entries accepted. Call 808-781-6318 for more information.

Feb. 20 Shut Up and Read! **Teen Book Club** debuts! From 3-4 p.m. the JBPHH Library is hosting a no-pressure quiet book club for ages 13-17. Come to the library, pick something to read, grab a snack and drink at the front desk, and then hang out with other teens to read and/or socialize (or not!). It's up to you and it's totally FREE!

Mar. 7 Time is running out to save on your entry fee for the **JBPHH Duathlon**, happening March 29 at Hickam Harbor. It's a 500-meter swim, followed by a 5k run, then another 500-meter swim to the finish line. Are you up to the challenge? Fee is \$60 until March 7 and price goes up after that. Visit the Hickam Memorial Fitness Center or call 808-448-2214 for more information.



PRESENTED BY:



PHOTO OF THE MONTH

Treat your valentine to a delicious dinner!

Tradewinds served up sizzling portions of Mongolian BBQ last month and they'll be back at it again on February 14th! Call 808-449-7144 to reserve your spot.



More to see on the other side! ▶

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Scan our QR codes!



Arts & Crafts Center
See the full calendar of classes.

Liberty Program

See this month's Liberty activities calendar.



Outdoor Recreation
See the classes and excursions we have planned on the horizon!

Makai Recreation Center

See our full list of classes here.



Military & Family Support Center

See our full list of classes here.



THIS MONTH'S EXTRA:

International Flirting Week Feb 9-15

"Are you a camera? Because whenever I see you, I smile." Do you know a better pickup line? Have you heard a better one? Flirting skills have led to many a Valentine's date, so share what you think works.



Arts & Crafts

Love & Mud Date Night!

Sign up for a one-night class where you and your partner will create two works of art on Friday, February 14 from 5-8 p.m. This fun-filled (and messy) wheel throwing experience is inspired by St. Valentine. Cost is \$75/duo. Call 808-448-0194.

Liberty Program

Calling all single service members!

We offer free & low-cost activities for single active-duty military E1-E6! Don't miss FREE jiu-jitsu classes every Sunday at Kona Winds, or our Local Grinds of the month on Feb. 11. Find our Liberty Calendar at greatlifelifehawaii.com. Call 808-422-7169 or visit Liberty at Kona Winds for more info.

Makai Recreation Center

Learn something new in 2025!

The Makai Recreation Center offers high-quality martial arts classes for all ages. Find our registration page at greatlifelifehawaii.com. Simply click on "Rec" followed by the Makai Recreation Center's "Online Registration" page in the drop-down.

Everything Food & Drink

The soul food you've been missing!

Give Smokin Wings & Southern Things a try! Head on over to the Kona Winds Complex for lunch and choose between classics like catfish and cornbread, or something a little lighter like a protein bowl or smoothie.

Outdoor Recreation

Have you been to Fort Kamehameha Paintball?

Casual players and seasoned pros alike are sure to have a blast on the field. If this sounds like your ideal adrenaline rush, visit our website to reserve your rental!

MFSC

The Military Family Support Center provides support and services to help you balance military life! Whether it's financial planning, personal development, relocation, or transition & employment, MFSC is here to help! Register for classes today at greatlifelifehawaii.com. Find MFSC under our "Support" section.



STAY CONNECTED AND FOLLOW US ONLINE!

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All information is subject to change. Scan the QR code to see a list of upcoming events.