SERVICES

Home Visits
Help with your concerns as a parent or parent-to-be in the privacy of your home.

Information on Parenting
Provide "hands-on" evidence-based information for parents to make informed decisions about their children and family.

Referrals
Provide information and help in finding other needed services.

Support
Feel more at home in the military community through the assistance of caring professionals.

New Parent Support Group
Meet other parents and learn together. Contact the New Parent Support Program for specific dates and times.

Resource Materials
Various books, videos, websites and other resource materials on topics such as parenting, family relationships, child development.
WHAT IS THE NEW PARENT SUPPORT HOME VISITATION PROGRAM?

Who is this for?
This program is voluntary. It was developed to help Navy, Air Force and Coast Guard families in many ways that friends and family often do. Military families expecting a child, or with a child under three years are eligible for a variety of services offered.

Who are we?
The New Parent Support Home Visitation Program (NPSHVP) is a professional team that provides support and education. Our staff knows about the concerns of parents and the challenges that only military families face.

What can NPSHVP do for me?
This program offers the opportunity to learn new skills as parents and to improve old ones. Parents often have many questions about the needs of infants and young children. The NPSHVP is a reliable source for answers to your questions in the privacy of your home.

What if we are not new parents?
Even if you have been raising your family for a few years, new ages and stages bring different challenges. You can talk about your concerns and ask questions about babies, young children and family relationships.

We can help you...
- Prepare for parenthood
- Increase your confidence in parenting
- Understand the ages and stages of your child’s development
- Reduce stress
- Build your relationship with your children