

JAN. NEW YEAR'S SWIM CHALLENGE

1 Start 2025 out right by completing our annual FREE New Year's Swim. Participants are challenged to swim 2,025 yards in 7 days. The first 36 participants to complete the challenge receive a commemorative towel.



Jan. 3 Start the weekend right with the **Pau Hana at Wright Brothers Cafe and Grille.** Ease into the weekend, starting at 4:30 p.m. with refreshing drinks, tempting bites and music as we watch the sun set over Hickam Channel.

2025

#greatlifehawaii

A quick guide to what's going on with MWR, CYP and MFSC.

Jan. 6 Time to start training! Registration opens for the **JBPHH Duathlon**, happening Mar. 29 at Hickam Harbor. It's a 500-meter swim, followed by a 5k run, then another 500-meter swim to the finish line. Are you up to the challenge? Fee is \$60 until Mar. 7 and price goes up after that. Visit the Hickam Memorial Fitness Center or call 808-448-2214 for more information.

JAN. BEST MEDICINE BRIGADE

10 Armed Forces Entertainment is bringing the funny with the first show of the year. Get ready to laugh at this FREE show featuring four top comics at Tradewinds. Doors open at 6 p.m. and show begins at 7 p.m. Please note that this show is for 18 and older.

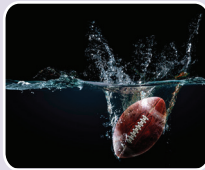


Jan. 17 **Mongolian BBQ** is back at Tradewinds! Come one, come all from 5–8 p.m. for a Mongolian meal! With succulent meats, fresh vegetables, delicious noodles and plenty of rice, we're already dreaming of the best BBQ around. \$1.55/ounce. Rice and noodles included. Call Tradewinds at 808-449-7144 to make your reservation!

Jan. 24 Start off the weekend with a **Yoga & Wine Night!** Come to Kona Winds and join in on a giant yoga session starting at 5:30 p.m. Fee is \$25 and includes yoga class, pupus and one drink. Bring a mat, towel, and a friend and get ready for an evening of R&R! Open to 18 and up, call 808-471-2019 for more information.

FEB. SUPER SWIM 2025

1–9 We're bringing the **BIG GAME** to the swimming pool! Sign up as the team you will cheer for on Sunday and track the yards you swim. The team with the most combined yards swam will win bragging rights. Register at Scott Pool, call 808-473-0394 for more information.



Feb. 1 Pro Blitz Week by Armed Forces Entertainment begins with the **Golf Tournament with NFL Hall of Famers!** Golf with football legends at Barbers Point Golf Course. Register by Jan. 24. Cost is \$100 per player.

PHOTO OF THE MONTH

Disney's Moana 2 at Sharkey Theater!

One lucky Air Force family won a free Disney Cruise at our Moana 2 advanced screening—presented by Maui himself (a.k.a. Dwayne "The Rock" Johnson)!

More to see on the other side! ▶



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Scan our QR codes!



Arts & Crafts Center
See the full calendar of classes.

Liberty Program

See this month's Liberty activities calendar.



Outdoor Recreation
See the classes and excursions we have planned on the horizon!

Makai Recreation Center

See our full list of classes here.



Military & Family Support Center
See our full list of classes here.



THIS MONTH'S EXTRA:

2025 is the Year of the Wood Snake!

On January 29 – the Chinese New Year – the dragon will make way for the reign of the wood snake: a creature symbolizing wisdom and agility in Chinese culture. The last Year of the Wood Snake was in 1965, the same year the Voting Rights Act was passed in the U.S.



Arts & Crafts

Adult Hand Building w/Rochelle Lum

This class is perfect for those interested in learning basic ceramic techniques: pinch-pots, coil building, etc. This class meets once a week for 4 weeks. Ages 16+. Call 808-448-2392 for more info.

Liberty Program

Single active-duty military E1-E6?

Our Liberty Program offers an exclusive space with awesome amenities at the Kona Winds Complex, plus free and low-cost activities all month long! We'll take you to eat local grindz, sailing, hiking, zip-lining, and more. Sign up for a Liberty activity at greatlifehawaii.com or call 808-422-1769 for more info.

Makai Recreation Center

Martial arts & self-defense classes for kids and adults!

Brazilian Jiu-Jitsu, Boxing, Karate & more. Visit greatlifehawaii.com to view our class catalog and sign up today!

Everything Food & Drink

Have you been to The Lanai?

With beachside views and daily specials, you don't want to miss out on this JBPHH hidden gem. For more information, visit our website.

Outdoor Recreation

What better way to experience Hawaii than on the water?

Outdoor Recreation offers Bottom Fishing and Spearfishing courses that are sure to get you excited about life on this beautiful island. Call 808-781-6318 for more information.

MFSC

The Military Family Support Center provides support and services to help you balance military life! Whether it's financial planning, personal development, relocation, or transition & employment, MFSC is here to help! Register for classes today at greatlifehawaii.com. Find MFSC under our "Support" section.



STAY CONNECTED AND FOLLOW US ONLINE!
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All information is subject to change. Scan the QR code to see a list of upcoming events.