



# VTAP

Virtual Transition Assistance Program

**JUL-OCT 2024**

## The Transition Assistance Program

- Designed to provide success in transitioning from military to civilian life.
- Meets career Readiness Standards (CRS) with resources, tools, services and skill-building.
- Live facilitator components from the Fleet and Family Support Center, Department of Labor and the Small Business Administration.

## Certificate of Completion

- Must be logged into the live classroom under your own LMS account.
- Single-session training: Attendance required for the full length.
- Multiple-session training: Attendance required for all components to fulfill Career Readiness Standards.

## Transitioning Spouses

- This self-paced course, available 24/7, prepares spouses for uncertainties such as a possible move, financial adjustment and job searching.
- Go to [MyNavyFamily.com](https://www.mynavyfamily.com) to make a free account on the CNIC LMS and take [\*Navy Spouses in Transition\*](#) on the home page

## LOGIN INSTRUCTIONS

1. Make a free account at [MyNavyFamily.com](https://www.mynavyfamily.com)
2. Click on “Navy Career Transition” to view the full list of offerings adjusted to your time zone.
3. Click on “Enter This Course” to register for the course.

You will get reminder emails with your personalized link.  
If you have any trouble, please write to [learning@zeiders.com](mailto:learning@zeiders.com).

**Classes fill quickly. Register early!**

All times listed below are Eastern. Be sure to check the LMS to confirm time/date conversions.  
 OCONUS-convenient sessions highlighted in green.

## July 2024

Date	Day of Week	Start Time	Duration	Session Name
Jul 9 <sup>th</sup>	Tuesday	11:00 AM ET	2 hrs	Pre-Separation Counseling
Jul 16 <sup>th</sup>	Tuesday	6:00 AM ET	2 hrs	Pre-Separation Counseling
		8:30 AM ET	30 min	Managing Your Transition [My Transition]
		9:30 AM ET	3 hrs	Financial Planning for Transition
		1:00 PM ET	1.5 hrs	Military Occupational Crosswalk [MOC Crosswalk]
July 17 <sup>th</sup>	Wednesday	6:00 AM ET	2 hrs	Pre-Separation Counseling
		9:00 PM ET	2 hrs	Pre-Separation Counseling
		11:30 PM ET	30 min	Managing Your Transition [My Transition]
July 18 <sup>th</sup>	Thursday	8:00 PM ET	3 hrs	Financial Planning for Transition
		11:30 PM ET	1.5 hrs	Military Occupational Crosswalk [MOC Crosswalk]

## August 2024

Date	Day of Week	Start Time	Duration	Session Name
Aug 6 <sup>th</sup>	Tuesday	6:00 AM ET	2 hrs	Pre-Separation Counseling
		8:30 AM ET	30 min	Managing Your Transition (My Transition)
		9:30 AM ET	3 hrs	Financial Planning for Transition
		1:00 PM ET	1.5 hrs	Military Occupational Crosswalk [MOC Crosswalk]
Aug 7 <sup>th</sup>	Wednesday	9:00 PM ET	2 hrs	Pre-Separation Counseling
		11:30 PM ET	30 min	Managing Your Transition [My Transition]
Aug 8 <sup>th</sup>	Thursday	8:00 PM ET	3 hrs	Financial Planning for Transition
		11:30 PM ET	1.5 hrs	Military Occupational Crosswalk [MOC Crosswalk]
Aug 13 <sup>th</sup>	Tuesday	9:00 AM ET	2 hrs	Pre-Separation Counseling
		11:30 AM ET	30 min	Managing Your Transition (My Transition)
		12:30 PM ET	3 hrs	Financial Planning for Transition
		4:00 PM ET	1.5 hrs	Military Occupational Crosswalk (MOC Crosswalk)
Aug 14 <sup>th</sup>	Wednesday	9:00 AM ET	8 hrs	DOL Employment Fundamentals of Career Transition
Aug 15 <sup>th</sup>	Thursday	9:00 AM ET	8 hrs	DOL Vocational Track (Part 1 of 2)
Aug 16 <sup>th</sup>	Friday	9:00 AM ET	8 hrs	DOL Vocational Track (Part 2 of 2)
Aug 21 <sup>st</sup>	Wednesday	6:00 AM ET	2 hrs	Pre-Separation Counseling

## September 2024

Date	Day of Week	Start Time	Duration	Session Name
Sep 10 <sup>th</sup>	Tuesday	11:00 AM ET	2 hrs	Pre-Separation Counseling
Sep 17 <sup>th</sup>	Tuesday	6:00 AM ET	2 hrs	Pre-Separation Counseling
		8:30 AM ET	30 min	Managing Your Transition [My Transition]
		9:30 AM ET	3 hrs	Financial Planning for Transition
		1:00 PM ET	1.5 hrs	Military Occupational Crosswalk [MOC Crosswalk]
Sep 18 <sup>th</sup>	Wednesday	6:00 AM ET	2 hrs	Pre-Separation Counseling
		9:00 PM ET	2 hrs	Pre-Separation Counseling
		11:30 PM ET	30 min	Managing Your Transition [My Transition]
Sep 19 <sup>th</sup>	Thursday	8:00 PM ET	3 hrs	Financial Planning for Transition
		11:30 PM ET	1.5 hrs	Military Occupational Crosswalk [MOC Crosswalk]

## Oct 2024

Date	Day of Week	Start Time	Duration	Session Name
Oct 8 <sup>th</sup>	Tuesday	6:00 AM ET	2 hrs	Pre-Separation Counseling
		8:30 AM ET	30 min	Managing Your Transition [My Transition]
		9:30 AM ET	3 hrs	Financial Planning for Transition
		1:00 PM ET	1.5 hrs	Military Occupational Crosswalk [MOC Crosswalk]
Oct 9 <sup>th</sup>	Wednesday	9:00 PM ET	2 hrs	Pre-Separation Counseling
		11:30 PM ET	30 min	Managing Your Transition [My Transition]
Oct 10 <sup>th</sup>	Thursday	8:00 PM ET	3 hrs	Financial Planning for Transition
		11:30 PM ET	1.5 hrs	Military Occupational Crosswalk [MOC Crosswalk]