JOINT BASE PEARL HARBOR HICKAM (JBPHH) FITNESS CENTER STATEMENT OF UNDERSTANDING (SOU) & COMPLIANCE OF RULES DURING UNMANNED HOURS

I understand and agree that my access to the Fitness Center during unmanned hours is a special privilege which can be revoked for a rules violation. Furthermore, I agree to abide by all rules stated in this SOU. This SOU may be amended from time to time at the sole discretion of the JBPHH Commander.

Please Print:		
Applicant Name:	Rank:	Phone #:
Unit (or Sponsor's Unit):	E-mail Addres	SS:
DOD ID #:	Expiration Date:	Proximity Card #:
Today's Date:	Valid for 1 year or	ID Card expiration (whichever comes first)
Joint Base Pearl Harbor Hicl item):	kam Fitness Center Rules dur	ring Unmanned Hours (please initial each
Fitness Center during u — All authorized patrons i Center. — Dependents must be 18 — Active Duty/Reserve Contheir dependents. — CAC or Proximity Card	nmanned hours. must request access and be regi years of age to register. omponent members (sponsors) d sharing is strictly prohibited a is viewed as theft of services a	HH Commander will have access to the stered, using this form, from the Fitness will be held responsible for the conduct of nd will result in the immediate loss of nd may be prosecuted in accordance with
hours. — Patron acknowledges the unmanned hours and are standards of conduct and conduct	nat there will be no supervision be expected to behave in accorded discipline. Vill record activities within the I befacement or intentional damage havior, and violation of rules we	or emergency assistance on site during ance with fitness center rules and within the Fitness Center during unmanned hours. See to government property, sexual assault, will not be tolerated and are subject to
_		nust exit the facility and swipe back in to

— All normal rules as outlined in the MWR Fitness brochure as well as proper dress, machine usage,

continue with their workout.

and etiquette remain in effect.

- All patrons must follow any directions given by JBPHH officials (fire, police, or fitness center staff) who may be present.
- For patron safety and security, patrons must ensure that the door closes securely following entry and exit. Valid military ID cardholders will not allow any other person to access when they enter. One ID card is valid for only that person's entry. "Piggybacking," is prohibited and will result in the loss of privileges for both parties. All other doors MUST remain closed unless there is an emergency.
- The only areas available for use are those on the west side of the divider (back half of facility). All other areas of the fitness center, including the restrooms and locker rooms, will be secured and off limits during unmanned hours. Rest rooms are located behind the fitness center in Bldg. #594.
- Patrons acknowledge that there may not be anyone on site to respond to an emergency. However, in case of any emergency or need for assistance, an emergency phone is located near the water fountain along with an AED.
- It is highly encouraged that patrons utilize the Buddy System Concept during unmanned hours.
- Patrons acknowledge that JBPHH is not responsible for protection of personal property.
- In the event of severe weather, patrons may Shelter-in-Place in the Fitness Center area until severe weather has passed.
- In the event of a power outage, all patrons will gather their belongings and exit the building promptly.
- Access during unmanned operations will be granted for twelve (12) months at a time. At that time you will be required to visit our front desk staff for reactivation of another 12 months. The Fitness Center Director/designee has the right to terminate your privileges at any time without notice.
- Violation of the rules will result in loss of privileges and are subject to the UCMJ.

I am □ / am not □ familiar with how to safely operate all fitness equipment available during unmanned hours. If not, an equipment orientation is required before using facility after hours
☐ I have received an orientation for the Emergency procedures/information, phone, Automated External Defibrillator (AED) and first aid kit.

I certify that I have read and understand the rules during unmanned hours in the Joint Base Pearl Harbor Hickam Fitness Center and I agree to abide by all of the terms of this statement of understanding.

I hereby assume the inherent risks of using an unmanned facility and certify that I am physically fit and have not been advised otherwise by a qualified medical person. I hereby take action for myself, my executors, administration, heirs, next of kin and successors, and assign as follows: WAIVE, RELEASE, AND AGREE NOT TO SUE, from any and all liability for my death, disability, personal injury or action of any kind which may hereafter accrue to me as a result of any use of an unmanned facility.

Signature:	Date:	