

GREAT *Life* HAWAII

www.greatlifehawaii.com | May 2018

Kayaks Aweigh

Ocean adventure
to the island of Mokolii

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MORALE WELFARE RECREATION • CHILD & YOUTH PROGRAMS
MILITARY & FAMILY SUPPORT CENTER • HOUSING/LODGING



NAVY ENTERTAINMENT
PRESENTS

BEST LAID PLANS

**"AN OLD HOLLYWOOD
MURDER MYSTERY"**

Fri, May 25 • 6PM

Historic Hickam Officers' Club Grand Lanai

\$30 - Includes Dinner Buffet and Murder Mystery Event

Advance reservation and payment required. Call **808.448.4608**. Limited seating!
OPEN TO ALL HANDS - All Dod ID cardholders and their sponsored guests ages 13 or older
Go to **www.greatlifehawaii.com** for event description and attire recommendations!



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GREAT LIFE HAWAII: MAY 2018

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On the cover: Kayaks landing on the beach at Mokoli'i.
At right: Shaka photo on the beach at Mokoli'i.

MAY

GREAT LIFE HAWAII | 2018

Kayaks Aweigh

Ocean adventure
to the island of Mokoli'i

pg 6 | Take a trip with MWR's Outdoor Adventure Center to the picturesque island of Mokoli'i.



pg 6 | MWR teen spotlight

JBPHH teen Miss Hannah Bethard wins the Hawaii Military Youth of the Year Award.

pg 12 | MWR spotlight

Learn all about MWR's NEW Liberty Volunteer Program.

JBP HH Teen Wins Big State Military Youth of the Year Award

By Rosalyn Garcia



Over 100 people in the crowd sharply drew in their final breath before the winner was announced. The tension in the air could be cut with a knife. Mr. Gregory Doss (The Director of Organizational Development for Boys and Girls Club of America (BGCA)) slowly drew in a long breath, and then announced, "Miss Hannah Bethard is the 2018 Hawaii State's Military BGCA Youth of the Year!" The crowd immediately erupted into shouts, squeals, and applause. "When I won, my hand flew to my face and I couldn't stop beaming- I think that's a pretty good indication of how I felt when they called me as the winner," Miss Bethard said.

The Youth of the Year competition is a leadership program created by BGCA that strives to develop future leaders. Every year, traditional Boys and Girls Clubs as well as military affiliated Boys and Girls Clubs pick young teens from the age of 14-18 to represent their organization. These young leaders then compete in their separate categories and the winners advance on to represent their clubs at the state, regional, and national level. This title allows them to transform over 1 million teen lives by being their voice and advocating for many teen and/or social issues in today's society.

The teens who participated in the State level Youth of the Year competition had to complete a rigorous application, which included three letters of recommendations reflecting their leadership skills, academic excellence, and healthy lifestyle, four individually themed essays, school transcripts, and the preparation of a three minute speech which would be delivered at the State Capitol in front of an audience and panel of judges.


The morning started off with the teens giving their speeches followed by a fifteen minute interview with the judges. After the interviews concluded, the teens got the opportunity to be recognized for their achievements by both the Senate and House of Representatives where they were presented with framed certificates.

Miss Bethard has been involved with Joint Base Pearl Harbor Hickam (JBPHH) Teen Center for over three years. She participates in many clubs at school and the teen center to include RJOTC, Cooking Club, Art Club, and SMART Girls (a female leadership, volunteering, and empowerment club).

In her spare time, Hannah can be seen around the teen center with a paintbrush or pen in her hand, always working on her latest art project or poem. Last year, she donated over 20 hours of her time to create a custom Starry Night inspired painting to Hawaii Fi-Do's (a non-profit organization who provides service dogs for free to people with disabilities other than blindness in the state of Hawaii) annual fundraising event.

One unique characteristic she possesses is her ability to perform slam poetry, which helped secure her win during this competition because she combined slam poetry with her speech. What is slam poetry you ask? "It's very hard to describe," Miss Hannah said, "but it's a jazzed up way of delivering spoken word while incorporating emotions, body movements, and competitive spirit." She often shares her poetry at open mic nights at the teen center. "Hannah's slam poetry is unbelievable. The first time I heard it, I didn't know what I heard, but I knew I wanted to hear more of it. You can literally feel the emotion and passion radiating from every word she speaks. It's entrancing," said Rosalyn Garcia, a CYP assistant at the Teen Center.

On the whole experience, Miss Bethard said, "It was a pretty overwhelming day, but definitely in a good way, especially with all the support and hype the teen center staff and my friends gave me. I wouldn't have been able to make it this far without them."

With this victory, Miss Hannah Bethard will have another opportunity to represent JBPHH and all of it's teens later this summer in the BGCA Youth of the Year's pacific regional competition. 

(For more information about the JBPHH Teen Center, call 448-1068 or visit www.facebook.com/jbphhteencenter)

Photos By Zachary Pigott



Historic Hickam Officers' Club

Mother's day

BRUNCH

Buffet

Sunday, May 13 • 10am - 1:30pm

Cost:

\$40 Club Members

\$43 Adults

\$21 Kids 7-12 years

\$12 Kids 4-6 years

\$5 Kids 2-3 years

FREE Kids under 2 years

Reservation required / pre-paid reservation.

Seating times: 10am, 10:30am, 11am, 11:30am,
Noon, 12:30pm, 1pm and 1:30pm.

To book your table and for more information,
please call **808-448-4608, ext.15**

greatlifehawaii.com



SLAYING THE LIZARD'S TAIL

By Veronika McKenney

We live on the most remote land mass in the world, surrounded by the breathtakingly beautiful Pacific Ocean. There are so many fun adventures to go on which involve the *kai*. Snorkeling, swimming, diving, surfing ... the list is certainly neither short nor boring. Recently, I added kayaking to my "to-do-a-lot-of-whilest-in-Hawaii" list. I went on my first kayaking trip with the Outdoor Adventure Center (OAC) and did not want the trip to end.

Located on the windward side (the more "Hawaiiesque" side in my opinion) is the tiny but mighty island of Mokoli'i. Sometimes referred to as "Chinaman's hat", the cone shaped island lies only a short distance off the Kualoa Regional Park. With the stunning backdrop of majestic Kualoa mountain to the west, scenic Kane'ohe Bay to the south, and the dreamy Pacific Ocean to the north and east; as well as the short distance from the shore (mere 1/3 mile), Mokoli'i features prominently in many outdoor guides. I was therefore over the moon to find out OAC offered trips there - a great opportunity to test my kayaking skills (and take some Instagram worthy pictures too).


Our small group met our guides, Brad and Joe, at the Pearl Harbor OAC. On our 30-minute trip to the landing site, they proved to be a fountain of local knowledge. They told us the wonderful legend of Mokoli'i - according to Hawaiian folklore, Pele's sister slayed a *mo'o* and the island is the remnant of the lizard's tail (Kualoa mountain range is the lizard's back). Once we arrived at the Kualoa Regional Park, they briefed us on safety, basic kayaking rules, and on what to do in case we flipped over. Then it was time for kayaking.

Let me be clear, we were extremely lucky - after days of rain, the weather was picture perfect. The ocean shimmered with all the textbook hues of green and blue and was so calm we could see the coral below us. The sky had just the right amount of clouds; and the mountains as well as Mokoli'i glistened with luscious green. To navigate the kayak through the calm ocean was very easy and it did not take us long to land on the narrow beach at Mokoli'i.

On the island we had time to get absorbed in the beauty surrounding us and had plenty of photo opportunities. We could hear the birds who nest on the island and once again learned more from our guides about our location. We then took the opportunity to take a quick dip in the crystal clear water to cool off. And since I mentioned my affection for local food and fresh seafood especially (*poke* in particular, of course), Joe fetched me some *opihi* straight from the ocean. He taught me how to use the rock and the shell to get *opihi* out, and then all I had to do is enjoy that local delicacy.



Photos: Nick Dubovsky

Once we paddled back to shore, Joe showed us the best way to do this trip on our own should we ever wish to do so, explaining the currents and weather conditions we should always be aware of. Standing there and reflecting on the wonderful morning, I knew I was hooked. The excursion was perfect for my first kayaking adventure and I would highly recommend to anybody who has either never kayaked before or has no experience with ocean kayaking. I am on a lookout for the next kayaking trip with OAC – a bit more strenuous now that I know I can kayak. With omnipresent natural beauty and in the good hands of OAC, I will have another memorable day. 

Outdoor Adventure Center offers a plethora of scheduled as well as customized trips and tours. To book yours, call: 808.473.1198

You can also enquire with Outdoor Recreation at Hickam Harbor. Call 808.449.5215

HICKAM ARTS AND CRAFTS CENTER



MAY | JUN | JUL

335 Kuntz Ave., Bldg. 1889
448-9907

For class information and supply lists visit
www.greatlifehawaii.com/recreation/arts-crafts/class-supply-lists-information

ALL INFORMATION SUBJECT TO CHANGE



TEEN/ADULT CLASSES



Ceramics & Pottery

WHEEL THROWING WITH JOEL PARK

One class per week for 6 weeks

Wednesdays, 6 – 8:30pm

May 30–Jul 11 (No class-Jul 4)

Thursdays, 6 – 8:30pm

May 31–Jul 12 (No class-Jul 5)

Fridays, 9 – 11:30am

Jun 1–Jul 13 (No class-Jul 6)

Saturdays, 9 – 11:30am

Jun 2–Jul 14 (No class-Jul 7)

Ages 16 and older

\$75 per person (plus supplies)

Creating ceramic forms on the potter's wheel will be the main focus of this class. Functional as well as decorative ceramics will be explored. All of the fundamentals will be covered as well as advanced techniques. The class will progress at each individual's speed.

ADULT HAND-BUILDING WITH CLAY WITH ROCHELLE LUM

One class per week for 4 weeks:

Saturdays, 9am – 12:00pm

May 5–26 • Jun 2–23 • Jul 7–28

Ages 16 and older

\$55 per person (plus supplies)

This class is perfect for those interested in learning basic ceramic techniques: pinch-pots, coil building, etc. Students will also learn about underglaze and glaze technique by learning the entire process and how clay is transformed.



Drawing & Painting

COLORFUL EXPRESSIONS PAINTING WITH DENNIS MCGEARY

One class per week for 4 weeks: Tuesdays, 12:30 – 2:30pm

May 1–22 • Jun 5–26 • Jul 10–31

Ages 12 and older

\$80 per person (plus supplies)

Explore the expressive artist in you. This exciting class is designed to demonstrate innovative methods of creating and applying acrylics on canvas. The course includes application, composition, basic color theory and techniques. Knowing how to draw or paint is not required.

ACRYLIC PAINTING WITH DENNIS MCGEARY

One class per week for 4 weeks: Tuesdays, 3:00 – 5:00pm

May 1–22 • Jun 5–26 • Jul 10–31

Ages 12 and older

\$80 per person (plus supplies)

Learn to create landscape and seascape scenes using traditional painting techniques with acrylics on canvas. The course includes application, composition, color mixing and techniques.

OIL PAINTING TECHNIQUES WITH DENNIS MCGEARY

One class per week for 4 weeks: Tuesdays, 5:45 – 7:45pm

May 1–22 • Jun 5–26 • Jul 10–31

Ages 14 and older

\$90 per person (plus supplies)

This class is designed to demonstrate basic methods of creating oil paintings on canvas. The course includes color mixing, application, and techniques. Knowing how to draw or paint is not required.

BEGINNING ADULT WATERCOLOR WITH JEFF SANDERS

One class per week for 6 weeks: Tuesdays, 6 – 8pm

Jun 26–Jul 31

Ages 16 and older

\$70 per person (plus supplies)

Learn how to use basic tools, techniques and procedures of watercolor. Students will apply these practical elements of art to compose and paint pictures.

CONTINUING ADULT WATERCOLOR WITH JEFF SANDERS

One class per week for 6 weeks: Thursdays, 6 – 8pm

Jun 28–Aug 2

Ages 16 and older

\$70 per person (plus supplies)

This course is structured as a continuation of the beginning class. The focus is on additional techniques and exercises, pictorial composition, guidance for self-directed projects and providing a place for those who find it difficult to work at home.

WATERCOLOR DESIGN AND COMPOSITION-HAWAIIAN BIRDS (I'IWI) WITH DAVILLA HARDING

One class per week for 5 weeks: Mondays, 6 – 8pm

Jun 4–Jul 2

Ages 16 and older

\$125 per person (plus supplies)

Through the study of basic art principles of design and composition, participants will learn to interpret their vision of Nature's beauty using vibrant, translucent watercolors. Students will create unique works of art that "dance" with light and color. Some drawing(s) of the subject will be provided, so...whether you are a beginner or a more experienced painter...you can do it!

WATERCOLOR DESIGN AND COMPOSITION-TROPICAL FRUIT WITH DAVILLA HARDING

One class per week for 5 weeks: Mondays, 6 – 8pm

Jul 9–Aug 6

Ages 16 and older

\$125 per person (plus supplies)

Through the study of basic art principles of design and composition, participants will learn to interpret their vision of Nature's beauty using vibrant, translucent watercolors. With an emphasis on Hawaiian and tropical themes, students will create unique works of art that "dance" with light and color. Some drawing(s) of the subject will be provided, so...whether you are a beginner or a more experienced painter...you can do it!

PAINTING VIBRANT SCENES OF LIFE WITH CHARIS DERRY

One class per week for 5 weeks: Thursdays, 5:30 – 7pm

Jul 19–Aug 16

Ages 12 and older

\$65 per person (plus supplies)

Capture the essence and beauty of living things in paint. Realistic painting skills and techniques are emphasized as students create dramatic compositions of people, or animals, or both. Advanced topics in proportion, gesture, facial features, full body poses, anatomy, skin tones, texture, fur, color theory, lighting, form, etc. are covered. You will learn a practical working process to create your own truly original image in paint.

ANIME & ENTERTAINMENT ART WITH CHARIS DERRY

One class per week for 5 weeks: Thursdays, 3:30 – 5pm

May 31–Jun 28 • Jul 19–Aug 16

Ages 12 and older

\$65 per person (plus supplies)

For tweens and teens that enjoy manga/comic/cartoon art and love to draw characters. Students learn how to create and develop their own characters for video games, animation films, comics, illustrations etc. through fun and exciting lessons in facial expression, action poses, costumes, and storytelling. Brainstorming, along with conceptualization of a story and ideas will be covered along with basic drawing construction, face development, body proportions, inking, shading, coloring, and final design including imagined environments, vehicles and props. Learn how to communicate your vivid imagination through compelling illustrations!

FAN ART WITH CHARIS DERRY

One class per week for 5 weeks: Thursdays, 5:30 – 7pm

May 31–Jun 28

Ages 12 and older

\$65 per person (plus supplies)

Create fun paintings and illustrations based on your favorite pop culture characters from movies, tv shows, games, etc. Both traditional and cartoon drawing & painting techniques will be explored as we take one animated character and make a realistic humanized portrait from it, and one live action person or scene from entertainment and turn it into a cartoon or manga style illustration.

Framing

BASIC PICTURE FRAMING WITH MARIALAINÉ FIGUERRES

This is a one-day class.

Offered on select Mondays or Saturdays, 9am – 1pm

Ages 16 years and older

\$80 (supplies included)

Students will learn how to measure and cut a double mat for a 5 x 7 art work. We will also teach you how to use a joiner to make a wood frame. The class will finish with complete assembly of glass, foam core, backing and hanger. Upon completion, you will be given a certificate allowing you to use our facility as a "self-help" customer. Please call 449-2453 for specific dates.

Glassworks

Please wear shoes. Long pants recommended

BEGINNING GLASS FUSING WITH JESSICA FITZGERALD

One class per week for 2 weeks: Thursdays, 5:15 – 7:15pm

May 3–10 • May 17–24 • Jun 7–14 • Jun 21–28

Jul 5–12 • Jul 19–26

Ages 16 and older

\$40 per person (plus supplies)

A basic introduction to kiln-formed glass. Students will learn how to cut, fuse and slump sheet glass to create their own functional works of art. In doing so, they learn about the basics of heat and time in relation to glass. By the end of each class, students will have at least one plate/platter to take home.

ADVANCED GLASS WITH JESSICA FITZGERALD

One class per week for 4 weeks: Wednesdays, 5:15 – 7:15pm

May 2–23 • Jun 27–Jul 25 (No class-Jul 4)

Ages 16 and older

\$75 per person (plus supplies)

This class is for more advanced students who have previously taken Beginning Glass Fusing and would like to learn more about working with glass. Please wear shoes. Long pants are recommended. Previous glass experience is required.

Photography

BASIC DIGITAL PHOTOGRAPHY WITH RON STEINER

One class per week for 4 weeks

Tuesdays, 6 – 8 pm: **Jun 5–26 • July 10–31**

Wednesdays, 10am–12pm: **Jun 6–27 • July 11–Aug 1**

Ages 14 and up

\$75 per person (plus supplies)

Students will learn how to use their cameras to achieve various photographic techniques and understand digital photographic terminology and concepts. Lighting, framing and composition will be discussed to achieve quality images with a wide variety of examples provided. Low light, nature, sports, and leisure photography will no longer be guess work and you will capture pictures like you've always wanted to.

TRADITIONAL FILM DARKROOM B&W PRINTING WITH RON STEINER

One class per week for 3 weeks: Saturdays, 9am – 12pm

Jun 9–23 • July 7–21

Ages 16 and up

\$70 per person (plus supplies)

This class will cover the developing of black and white film, printing a contact sheet and making enlargements from the processed negatives. You can use any film camera, 35mm film and larger. You can make B&W prints from old negatives as well. Upon completion, students will be able to use the lab for processing film and printing at nominal fees.



Knitting, Quilting & Sewing

BEGINNING KNITTING WITH CHRISTINE BLYDEN

One class per week for 3 weeks:

Mondays, 11am – 12:30pm:

May 7–21 • Jun 11–25 • Jul 2–16 • Jul 23–Aug 6

Ages 14 and older

\$45 per person (plus supplies)

As a beginner, students will learn how to do basic knitting techniques such as casting on and off along with garter/purl stitches. Students will be able to make either a shawl or a scarf.

INTRO TO LACE KNITTING WITH CHRISTINE BLYDEN

One class per week for 4 weeks: Mondays, 12:30 – 2:30pm

Jun 11–Jul 2 • Jul 9–30

One class per week for 4 weeks: Fridays, 5:30 – 7:30pm

May 4–25 • Jun 1–29 (No class-Jun 8) • **Jul 6–27**

Ages 14 and older

\$50 per person (plus supplies)

As a beginner, students will build upon the basic knitting techniques and learn simple lace stitches to complete a classic top down lace shawl. See the example in the sales store.

INTERMEDIATE SEWING WITH AMANDA BUSSEY

One class per week for 6 weeks: Wednesdays, 6 – 8pm

Jun 6–Jul 18

Ages 14 and older

\$100 per person (plus supplies)

Building on beginner skills, you will learn how to use a commercial pattern and do simple alterations such as hemming. Students will complete one or two projects, time permitting, using a quick sew pattern. Basic sewing skills are required. You must have your own machine and supplies.

HAWAIIAN QUILTED PILLOW WITH SUE ZANE WILLIAMS

One class per week for 4 weeks: Tuesdays, 9 – 11am

May 8–29

Ages 14 and older

\$35 per person (plus supplies)

Students will learn the "snowflake" method of cutting out a Hawaiian motif and the technique of needle-turn appliqué to apply the design to a background fabric. These hand-quilting concepts will allow students to complete a beautiful Hawaiian-style pillow.

MACHINE QUILTING (AM) WITH KYONG ANGUAY

One class per week for 4 weeks: Saturdays, 9am – 12pm

May 26–Jun 16 | **Log Cabin Quilt**

Jun 23–Jul 14 | **Wedding Ring Quilt**

Jul 21–Aug 11 | **UFO Quilt**

Ages 16 and older

\$100 per person (plus supplies)

Learn how to cut fabric and assemble the pattern while learning quilting tips and how to complete a quilt from start to finish. Must have your own sewing machine.

MACHINE QUILTING (PM) WITH KYONG ANGUAY

One class per week for 4 weeks: Saturdays, 1 – 4pm

May 26–Jun 16 | **Log Cabin Quilt**

Jun 23–Jul 14 | **Wedding Ring Quilt**

Jul 21–Aug 11 | **UFO Quilt**

Ages 16 and older

\$100 per person (plus supplies)

Learn how to cut fabric and assemble the pattern while learning quilting tips and how to complete a quilt from start to finish. Must have your own sewing machine.



Woodworking

Pre-registration is necessary to secure a spot for all woodworking classes. Call 448-9911 to pre-register.

WOOD SHOP SAFETY CLASS

This is a one-day class.

Offered on select Saturdays,

4:30 – 7:30pm

(arrive 15 minutes prior to class to sign in)
Ages 12 years & older
(ages 12–15 must be accompanied by a parent or guardian)
\$20
This 3-hour class will emphasize the proper and safe use of the different equipment in our shop. After completion of the class, you will be issued a wood shop safety certification card enabling use of the shop tools and equipment.

PEN TURNING CLASS

This is a one-day class.
Offered select Saturdays & Sundays, 7:30 – 11:30am
Ages 12 years & older (ages 12–15 must be accompanied by a parent or guardian)
\$50 (supplies included)
This class will emphasize the basic uses of the lathe. Students will learn the steps to turn their own koa pen. This class is required for use of the lathe during shop hours. Pre-registration is necessary to secure a spot for the class. *Must take the safety class prior.*

SAFETY CLASS WITH PEN TURNING

This is a one-day class.
Offered select Saturdays & Sundays, 7:30 – 11:30am
Ages 12 years & older (ages 12–15 must be accompanied by a parent or guardian)
\$60 (supplies included)
This class will emphasize safety in the shop as well as the specific equipment needed to turn a pen. Once the safety portion is completed, students will make their own pen to take home. Pre-registration is necessary to secure a spot for the class.

CHILDREN'S CLASSES & CAMPS



YOUTH WOODWORKING SAFETY CLASS WITH PEN TURNING

This is a one-day class.
Offered on select days/times.
Ages 12–16 years old (ages 12–15 must be accompanied by a parent or guardian)
\$60 (supplies included)
This class will emphasize safety in the shop, as well as the specific equipment needed to turn a pen. Once the safety portion is completed, students will make their own pen to take home. Pre-registration is necessary. Call 448-9911 to find out when classes are offered and to reserve your spot.

YOUNG ARTIST HAND-BUILDING WITH CLAY WITH ROCHELLE LUM

One class per week for 4 weeks:
Thursdays, 3 – 4:30pm: **May 3–24**
Thursdays, 1 – 2:30pm: **Jun 7–28 • Jul 5–26**
Ages 7–12
\$45 per person (plus \$15 fee payable to Ceramics Dept.)
This class is perfect for the young artist interested in learning basic pottery techniques: pinch-pots, coil building, etc. Students will also learn about underglaze and glaze technique by learning the entire process and how clay is transformed.

BEGINNING KNITTING FOR KIDS WITH CHRISTINE BLYDEN

One class per week for 3 weeks: Fridays, 3 – 5:30pm
May 11–25 • June 15–29 • Jul 6–20 • Jul 27–Aug 10

Ages 7–13
\$45 per person (plus supplies)
As a beginner, students will learn how to do basic knitting techniques such as casting on and off along with garter/purl stitches. Students will be able to make either a shawl or a scarf.

BEGINNING SEWING FOR KIDS WITH AMANDA BUSSEY

One class per week for 4 weeks: Mondays, 11am – 12:30pm
Jun 4–25
Ages 9–13
\$75 per person (plus supplies)
This class is designed for kids who are interested in learning the fundamentals of sewing. They will be taught basic sewing machine operation, and sewing techniques as well as learn about different kinds of fabric. We will construct a simple project applying this information. Pattern will be provided by instructor. Students must have their own sewing machine and supplies.

INTERMEDIATE SEWING FOR KIDS WITH AMANDA BUSSEY

One class per week for 5 weeks: Mondays, 11am – 12:30pm
Jul 2–30
Ages 9–13
\$85 per person (plus supplies)
This class is designed for kids who already have basic sewing experience. We will build on the fundamentals taught in beginner classes. Students will complete a more advanced project using a commercial pattern. Students must have their own sewing machine and basic sewing experience.

DYNAMIC DRAWING: ANIMALS & CHARACTERS WITH CHARIS DERRY

One class per week for 5 weeks: Mondays, 3:30 – 5:00pm
Jun 4–Jul 2 • Jul 16–Aug 13
Ages 7–18
\$65 per person (plus supplies)
Kids learn basic drawing skills by way of creating both realistic animal sketches and cool cartoon characters. Through curated resources and hands on exercises, the fundamentals of drawing like shape, line, proportion, gesture, shading, etc, are introduced in a way that encourages students to enjoy the process and make pictures with personality! Students also learn to find good reference images, how to compose a scene and set a visual mood, and how to draw dramatic finishing touches like fur, texture, and lighting. No previous drawing experience required.

AFTER-SCHOOL WATERCOLOR CLASSES WITH JEFF SANDERS

One class per week for 6 weeks: Tuesdays, 3:45 – 5:15pm
Jun 26–Jul 31
Ages 7–17
\$70 per person (plus supplies)
In this class, youth will paint a watercolor wheel; learn color theory as we mix the paints and their components. Brush techniques and paper information will be taught as they paint.

HOME-SCHOOL WATERCOLOR CLASSES WITH JEFF SANDERS

One class per week for 6 weeks: Thursdays, 1:30 – 3pm
Jun 28–Aug 2
Ages 7–18
\$70 per person (plus supplies)
In this class, youth will paint a watercolor wheel; learn color theory as we mix the paints and their components. Brush techniques and paper information will be taught as they paint.

CONTINUING CHILDREN'S WATERCOLOR CLASSES WITH JEFF SANDERS

One class per week for 6 weeks: Thursdays, 3:45 – 5:15pm
Jun 28–Aug 2
Ages 7–18
\$70 per person (plus supplies)
The focus of the continuing course is on additional techniques and exercises, pictorial composition, guidance

for self-directed projects and providing a place for those who find it difficult to work at home.

ART EXPLORATIONS 1 WITH JESSICA FRANKLIN

Two class per week for 4 weeks: Thursdays, 9 – 10am
May 8–31 • Jun 5–28 • Jul 2–26
Ages 3–5
\$80 per person (supplies included)
Preschool aged children will have the opportunity to use a variety of art supplies to create imaginative, process-oriented projects. They will be guided in the safe and appropriate use of materials, but final products are very open-ended. Wear clothes that can get messy! Attendance by a parent/guardian during the first class is mandatory and as needed on a class to class basis determined by the instructor.

ART EXPLORATIONS 2 WITH JESSICA FRANKLIN

One class per week for 4 weeks: Saturdays, 9 – 10:30am
May 12–Jun 2 • Jun 9–30 • Jul 7–28
Ages 5–7
\$80 per person (supplies included)
Early school-aged children will have the opportunity to use a variety of art supplies to create projects inspired by famous artwork. They will be taught lessons about the basic elements of art as they pertain to the projects. Please wear painting attire!

EVENTS & ACTIVITIES

ANNUAL SPRING CRAFT FAIR & DOG SHOW

Saturday, May 5
9am – 3pm
Featuring over 120 booths selling original handmade arts and crafts! Enjoy: live entertainment, pony rides, great food, prize drawings, make-n-takes, live wood & pottery demos, and a dog show.

COOKIES & CANVAS WITH DENNIS MCGEARY

One class, offered every other Wednesday, 3:30–5:30pm
May 2, 16 & 30 • Jun 13 & 27 • Jul 11 & 25
Ages 7–14
\$30 per person (supplies included)
Create painted masterpieces on canvas while enjoying a sweet treat. Single sessions make this fun and affordable. Each session will be a new image such as sunsets, butterflies, waves, and more. This fun learning experience includes art, music, and sweets. Be sure to wear clothes to paint in!

OHANA PAINT NIGHT WITH CHARIS DERRY

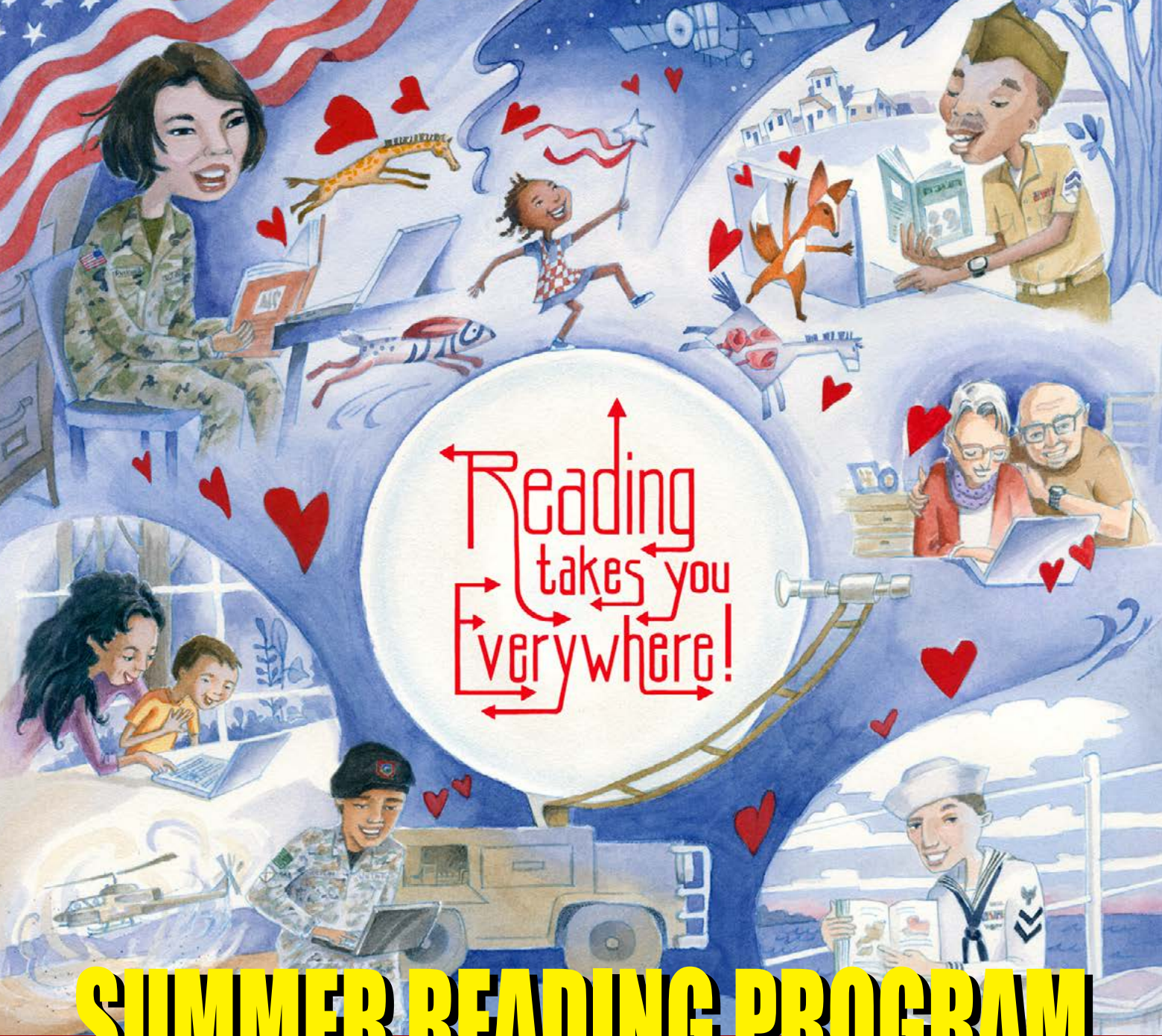
One class per month: Fridays, 5:30–7:30pm
May 25 • Jun 29 • Jul 27
Ages 8 and older
\$35 per person (supplies included)
Our instructor leads parents and children step-by-step through the featured painting of the night. Each paid attendee will leave with their own completed painting on 11 x 14 canvas. Snacks will be provided. Online registration can be done at: greatlifehawaii.com/recreation/arts-crafts/ac-online-registration.

SUMMER CRAFT CAMP

Four classes per session: Tuesdays–Fridays, 10am–12pm
May 29–Jun 1 • Jun 5–8 • Jun 12–15 • Jun 26–29
Jul 10–13 • Jul 17–20 • Jul 24–27 • Jul 31–Aug 3
Ages 6–14
\$60 per person (supplies included)
There's no limit to the beauty a child can create when given some instruction and artistic freedom! Supplies are included in the cost. Students will complete a variety of arts and crafts projects. Sign up Now, class fills up FAST!



For an up-to-date live calendar of our latest events, sync your personal devices (mobile phone, iOS, Android device, personal computer) by signing up at www.greatlifehawaii.com.



SUMMER READING PROGRAM

Register, Read, Log and Earn Prizes!

Kick Off at the Library: Saturday, June 2 (10am-12noon)

Program Runs: June 2 - July 14 | Finale: Saturday, July 21 (10am-12noon)

The Kick Off & Finale Party will have refreshments, entertainment and prize drawings!

Some activities sponsored by The Hickam Library Friends.

For more info on the Summer Reading Program,
visit <https://pearlharborhickam.beanstack.org/>
or jbphh.greatlifehawaii.com/recreation/library

Questions?
Call 449-8299



LIBERTY Has FUN while GIVING Back

By Justin Hirai


The MWR Liberty Program provides a variety of free and low-cost activities for single, active-duty military E1-E6 stationed at Joint Base Pearl Harbor-Hickam. There's something every day, from off base activities like hiking or attending a concert to pool tournaments or free ice cream sundaes on base at one of the three centers. Take a look at their activity calendar on page 17 to see the wide selection of offerings.

Jonathan Ciecko, Liberty Program Director and his staff have recently started the Liberty Volunteer Program, which is geared towards giving back to the community and those in need on and off base. The program finds and provides ways for Liberty patrons to volunteer at different events.

"It's a great learning experience, volunteers can meet new people and they receive a Letter of Appreciation (LOA) and certificate of completion for hours volunteered to present to their command when they are having evaluations or ranking up," Ciecko explained as some of the benefits of the program.

Recently the Liberty Volunteer Program assisted with parking operations at the 9th Annual Kualoa/Hakipu'u Canoe Festival on March 10. The festival was hosted by the Honolulu Department of Park and Recreation as a way to celebrate Hawaii's love for canoes and canoe culture. Liberty Volunteers were able to systematically and safely park the over 1,000 people that were in attendance.

Those who helped were thanked with a special tour of the voyaging canoe Hokule'a. They also learned how to paddle and navigate an outrigger canoe to get to the Hokule'a, which was anchored offshore. Once on board they were able to talk story with the crew members and gain a better understanding of how the ancient Hawaiian voyagers were able to navigate without modern technology.

Liberty plans to coordinate and offer a Volunteer Opportunity every month. If you are or know any single, active-duty military E1-E6 who would like more information on these opportunities, call 473-2583. Don't forget to enjoy the other fun activities as well! 

VOLUNTEER



MAY • JUN OUTDOOR RECREATION

SURFING

LEARN TO SURF AT HH

- May 26 Sign up by May 24
- Jun 30 Sign up by Jun 28
- Begins: 9 am | Ends: 12 pm
- Cost: \$30

Located right on site, join the Hickam Beach staff for an all-inclusive group surf lesson! The instructors here will familiarize you with technique, gear, etiquette and methods on how to surf. Our class starts out on land, and then transitions to the water (near shore). Once you are comfortable and ready, we will take the surf taxi out to the breaks for some awesome surf and memories that will last a lifetime. Our energized and experienced instructors will provide everything you need to have a good experience learning to shred some water here in the surf capitol of the world. For more info feel free to give us a call or visit the Hickam Harbor office. *Participants must be proficient at swimming and can do so without a lifejacket.*

SURF WAGON TO WHITE PLAINS BEACH

- May 12 Sign up by May 10
- Begins: 8 am | Ends: 1 pm
- Cost: \$30

Sign up and jump on the Surf'n wagon that heads over to White Plains Beach. Our professional instructors will teach you the basics from standing, paddling, catching waves, and angling down the wave. Surfing is a fun and exciting sport and you couldn't ask for a better location. This righteous three-hour lesson is exactly what you need to begin your surfing career. Bring plenty of water, sun screen and a snack. *Participants must be able to swim without a lifejacket.*

WOMEN'S SURFING

- May 13 Sign up by May 10
- Jun 10 Sign up by Jun 7
- Begins: 9 am | Ends: 12 pm
- Cost: \$30

In a class all their own, we are getting you out to enjoy the breaks! Come out and get professional instructions from our own Outdoor Recreation staff. Let the trained staff at the Hickam Harbor make your surfing experience a pleasant, enjoyable and successful one. We will school you in the history, wave science, etiquette, and technique. We will also get you on the right board, provide a short boat ride to "the lineup" and give you personal instruction in excellent un-crowded waves.

Don't miss out on this righteous opportunity! *Participants must be able to swim without a lifejacket.*

STAND-UP PADDLEBOARDING

LEARN TO STAND-UP PADDLEBOARD AT HH

- May 6 Sign up by May 4
- Jun 2 Sign up by May 31
- Jun 24 Sign up by Jun 21
- Begins: 9:15 am | Ends: 10:15 am
- Begins: 10:30 am | Ends: 11:30 am
- Cost: \$25

This is the perfect class to get your feet wet and discover stand up paddle boarding. This class is an introductory class giving you the ability to learn the basics in a stress free environment. Paddle boarding is a great way to provide a good work out, and enjoy the ocean. Come join the group and experience something new!

KAYAKING

MOONLIGHT PADDLE AT HH

- May 29 Sign up by May 25
- Jun 27 Sign up by Jun 25
- Begins: 8 pm | Ends: 10 pm
- Cost: \$25 (Kayak included)

What better way to melt the day to day stress than to join us for an evening paddle? Enjoy the company of the group, as our guides lead the way across the moon lit water. All the required gear is provided. Prior kayaking experience, water, and dry clothes is recommended.

KAYAKING THE MOKULUA ISLANDS

- Jun 9 Sign up by Jun 7
- Begins: 7 am | Ends: 2 pm
- Cost: \$40

Located on the windward side of the Island, off Kailua and Lanikai are the Moku Islands; a protected bird sanctuary. Join us for the day as we have some fun kayaking in the area and enjoy the great weather that the island has to offer. This activity is somewhat moderate in the level of difficulty depending on winds and ocean conditions, some kayaking experience is required. Bring your swimsuit, sun block, lunch, water and snorkeling gear if so inclined. Trip includes transportation, paddling gear and guides.

(continued on next page)

SIGN UP INFORMATION

To sign up for any of Outdoor Recreation's wonderful trips and tours, you must sign up in person at the appointed facility (see facilities and color code below). Registration for May activities is currently open. Registration for June activities begins **May 1**.

Signups can be taken as late as two days prior to trip departure. We will only accept late registration on a case-by-case basis. Signups for our trips are on a first-come, first-served basis and must be paid in advance.

Most trips run by Outdoor Recreation are for ages six and up, but some trips may have other age requirements. Check with our knowledgeable staff to find out age restrictions or other requirements. *For all water activities, participants must know how to swim without a lifejacket.*

All tour activities and locations are subject to change without notice due to weather and other considerations.

- **OUTDOOR RECREATION**
HICKAM HARBOR • 449-5215
- **OUTDOOR ADVENTURE CENTER**
FLEET STORE • 473-1198
- **RAINBOW BAY MARINA • 784-0167**

**For activities that require
online registration visit
www.greatlifehawaii.com
and search: ODR Registration**



For an up-to-date live calendar of our latest events, sync your personal devices (mobile phone, iOS, Android device, personal computer) by signing up at www.greatlifehawaii.com.

FISHING

BOTTOM FISHING AT HH

- May 27 Register online by May 24
Begins: 3:30 pm | Ends: 5:30 pm
- Jun 9 Register online by Jun 7
Begins: 8:30 am | Ends: 11:30 am
- Jun 17 Register online by Jun 14
Begins: 3:30 pm | Ends: 5:30 pm
Cost: \$30

Registration available online only

Enjoy a relaxing morning or afternoon fishing and test your luck at landing the big one! Our staff will help you cast your line out and provide pointers if you need help trying to bring in the oceans bounty. You never know what you might catch. A wide variety of reef fish and a token shark or two will put you to the test. This trip is great for experts or beginners and includes all the necessary gear. Bring a snack and some drinks to enjoy while out on the boat.

RENTALS

OUTDOOR EQUIPMENT

Bldg. 1786 Willamette St., Pearl Harbor • 473-1198
Mon–Fri 9 am–6 pm • Sat 9 am–4 pm • Sun Closed

Need to rent some camping equipment for your campout next weekend? Don't own a surfboard and want to rent one for lessons? Or gearing yourself up for a bike trail but don't have the bike?

Items available for rent from MWR include camping gear, water sports equipment, bikes and sports gear. Check www.greatlifeflowaii.com for price lists.

Items are rented on a first-come, first-served basis. Payment is due upon reservation of equipment. Call for a full list of rules and regulations.

RECREATION & PARTY EQUIPMENT

Bldg. 1760 Kuntz Ave., Hickam • 449-6870
Mon–Fri 9 am–5 pm • Sat 9 am–1 pm • Sun Closed

Are you celebrating a birthday or other special occasion soon? MWR has all of the party equipment you'll need to throw a party they won't forget.

Among the items MWR offers are bounce houses, patio chairs and umbrellas, coolers, grills, cotton candy and popcorn machines, and more! Download equipment brochure from www.greatlifeflowaii.com.

Items are rented on a first-come, first-served basis. Full payment is required at time of rental. Available to all military affiliated personnel 18 years or older with a valid ID. Call for a full list of rules and regulations.

PATIOS & PAVILIONS

Hickam Harbor • 449-5215
Pearl Harbor & Barbers Point • 473-1198

Plan your next party at one of MWR's patios and pavilions. A variety of sizes accommodates parties from 10 to 200+. Many party patios can accommodate bounce houses, tents, etc.

Facilities and areas at Hickam Beach:

Foster Point Gazebo, Honeymoon Beach, Hickam Beach Cabanas, Outdoor Rec Villa, Hickam Harbor Waterfront

Facilities and areas at Pearl Harbor and Barbers Point:

Rainbow Point Pavilion, Rainbow Bay Pavilion, Rainbow Bay Cabanas, Tea House, Makalapa Rec Complex, Richardson Fields, White Platins Beach Cabanas, Nimitz Cove Beach Cabanas

LEARN TO SPEARFISH

2 Day Course: Sat/Sun 9 am–12 pm

- May 19, 20 Register online by May 16
- Jun 2, 3 Register online by May 30
Cost: \$60

Registration available online only

Spearfishing is as exciting and challenging as it sounds! Come learn the basics from us so you can enjoy Hawaii's undersea world, become an accomplished free diver and acquire the skills needed to catch your dinner. The first half of the class is held at Hickam Pool and lasts about 3 hours. We'll go over rules and regulations set by the state such as, where you can go, off limit areas and regulated fish species. Physiology, techniques, training, equipment, and safety are topics are also covered. You'll hit the water for some target practice as well. The second part depends on everyone's skill level but, we usually do the first dive in shallow water 6 to 12 feet deep. After a short discussion, the second dive is in water about 10 to 20 feet deep depending on the group's ability. Even if you're unable to spear any fish, you'll have a blast just being out there! You'll need your own mask, fins, snorkel equipment. Transportation is on us. *Participants must know how to swim and prior snorkel experience is required*

SPEARFISHING EXCURSION

- Jun 16 Sign up by Jun 14
Begins: 9 am | Ends: 12 pm
Cost: \$20

Come and sharpen your skills with our instructors, and try your luck at capturing what the ocean has to offer. Enjoy three hours of open water, good company and a wide array of fish. *Must have taken our "Learn to Spearfish" course to participate, as the skills needed for this activity can be moderate to difficult.*

KAYAK FISHING

- Jun 23 Sign up by Jun 20
Begins: 7 am | Ends: 11 am
Cost: \$37

If you like adventure, come try this exciting sport. If you love to fish and want a little exercise to go with it, this is the trip for you. We'll provide the kayak, fishing gear, bait, and transportation. You just need to sign up! Do you think you have what it takes? The Hickam Outdoor Adventure staff takes trips to different locations around the island, so come aboard and we'll give you the basics of kayak fishing, while you enjoy the beautiful coastal sites, and bring home the fish! Kayaking experience is required. Trip includes transportation, gear, and knowledgeable guides.

HIKING

HIKE KEALIA/SWIM MOKULEIA

- May 5 Sign up by: May 3
Begins: 8 am | Ends: 1 pm
Cost: \$20

Join us on a hike on the mauka (Mountain) side of the Dillingham air field. Once we reach the top to a picnic area, we will stop and hangout and enjoy the view of the North Shore coastline. Once we head back down to the trailhead, we will take a short ride over to Mokuleia Beach Park and enjoy the beach and the clean, pristine waters.

HIKE LULUMAHU

- Jun 16 Sign up by: Jun 14
Begins: 8 am | Ends: 1 pm
Cost: \$20

Enjoy a spectacular secluded waterfall just off the Pali. This 2 mile roundtrip hike through a lush bamboo trail opens up to the beautiful Ko'olau mountain range. The trail follows the Lulumahu stream with multiple crossings ending at the beautiful falls.

BIKE & HIKING

KAIKA BIKE & HIKE

- Jun 2 Sign up by: May 31
Begins: 8 am | Ends: 1 pm
Cost: \$35

Kaika Beach Park will be our start point for this grand North Shore adventure, with beautiful ocean views and riding through historic plantation neighborhoods. Enjoy the majestic views of the Wailua Mountains, while riding alongside Polo fields and the Mokuleia coastline. This event continues on without bikes, to hike through the Kealia Trail which presents an opportunity to have a birds-eye view the Northern coastline. The bike ride is 3.5 miles and the hike is 1.5 miles one way.

SNORKEL

SNORKELING AT THREE TABLES

- May 26 Sign up by May 24
Begins: 8:30 am | Ends: 2:30 pm
Cost: \$20

During the summer months when the North Shore surf is down, the reefs are thriving with sea life. Come hang out with the Outdoor Recreation staff as we explore the tide pools, swim with the turtles, and possibly wrestle an octopus or two. While en route we will point out some of sites and let you browse through our own sea life binder so you'll know what you're looking at when you get there. The adventure starts at 3 Tables and ends inside Waimea Bay. You need to know how to swim and snorkel experience is a plus. You might want to bring a disposable camera to "catch" those incredible moments. *Participants need to know how to swim.*



Foster Point Gazebo

MARINAS CLASSES & ACTIVITIES

SAILING CLASSES

Adult sailing class taught by one of our certified instructors. Class consists of classroom theory and on-the-water group instruction. Maximum of 8 students per session.

START SAILING RIGHT HH

- Tue | May 1 | 6-8 pm
Sat | May 5, 12, 19, 26 | 9 am-1 pm or 1 pm-4 pm
Cost: \$75 per person/per month
- Tue | May 30 | 6-8 pm
Sat | Jun 2, 9, 16, 23 | 9 am-1 pm or 1 pm-4 pm
Cost: \$80 per person/per month
Ages 18 & up

START SAILING RIGHT RB

- Sat/Sun | May 5/6 & May 12/13
Cost: \$75 per person
- Sat/Sun | Jun 2/3 & 9/10
Cost: \$80 per person
1-5 pm
Ages 18 & up

LEARN TO SAIL ADULT CLASS RB

- Mon/Wed | May 2, 7, 9, 14, 16, 21, 23, 28, 30
Cost: \$75 per person/per month
- Mon/Wed | Jun 4, 6, 11, 13, 18, 20, 25, 27
Cost: \$80 per person/per month
9:30-11:30 am
Ages 18 & up

INTERMEDIATE SAILING RB

- Sat/Sun | May 19/20 & May 26/27
Cost: \$75 per person/per month
- Sat/Sun | Jun 2/3 & 9/10
Cost: \$80 per person/per month
1-5 pm
Ages 18 & up

This course is designed as a continued education course on sailing. Enter into further understanding of theory and begin the basics of competitive sailing.

YOUTH BEGINNERS SAILING RB

- Mon/Wed | May 2, 7, 9, 14, 16, 21, 23, 28, 30
Cost: \$50 per person/per month
- Mon/Wed | Jun 4, 6, 11, 13, 18, 20, 25, 27
Cost: \$55 per person/per month
12-2 pm or 3:30-5:30 pm
Ages 10 – 17 years

YOUTH BEGINNERS SAILING HH

- Tues/Thurs | May 1, 3, 8, 10, 15, 17, 22, 24, 29, 31
Cost: \$50 per person/per month
- Tues/Thurs | Jun 5, 7, 12, 14, 19, 21, 26, 28
Cost: \$55 per person/per month
3-5 pm
Ages 9 years & up
*REGISTER ONLINE ONLY

This course is taught by our certified sailing instructors. Class consists of classroom theory and on-the-water group instruction. This class can accommodate all levels of ability. Space is limited to 5 students per class.

YOUTH LEVEL 2 SAILING RB

- Tues/Thurs | May 1, 3, 8, 10, 15, 17, 22, 24, 29, 31
Cost: \$50 per person/per month
- Tues/Thurs | Jun 5, 7, 12, 14, 19, 21, 26, 28
Cost: \$55 per person/per month

12-2 pm or 3:30-5:30 pm

Ages 10 – 17 years

Maximum of 20 students per session. *Prerequisite:* Youth Beginners Sailing.

YOUTH INTERMEDIATE SAILING HH

- Tues/Thurs | May 1, 3, 8, 10, 15, 17, 22, 24, 29, 31
Cost: \$50 per person/per month
- Tues/Thurs | Jun 5, 7, 12, 14, 19, 21, 26, 28
Cost: \$55 per person/per month
3-5 pm
Ages 9 years & up
*REGISTER ONLINE ONLY

Prerequisite: Students registering must have permission from instructors to register for this class. Ages 9 years & up. Class consists of classroom theory and on-the-water group instruction. This class accommodates intermediate and advanced sailors. Space is limited to 5 students per class.

KEIKI AFTER SCHOOL BEGINNER'S SAILING HH

- Wed/Fri | May 2, 4, 9, 11, 16, 18, 23, 25, 30
Cost: \$50 per person/per month
- Wed/Fri | Jun 1, 6, 8, 13, 15, 20, 22, 27, 29
Cost: \$55 per person/per month
3-4:30 pm
Ages 8 & 9 years
*REGISTER ONLINE ONLY

This course is taught by our certified sailing instructors. Class consists of introductory to sailing. This class focuses on new and timid sailors-to-be. Space is limited to 8 students per class.

ADULT SMALL BOAT SAILING COURSE HH

- Fri | May 5, 12, 19, 26
Cost: \$40 per person/per month
- Fri | Jun 1, 8, 15, 22
Cost: \$45 per person/per month
9:30 am -12 pm
Ages 18 & up

Come sail at Hickam Harbor! Learn to rig and sail small sailboats. No experience required! Open to new and salty sailors 18 and over. Classes are held on Friday mornings throughout the month. Minimum 2- Maximum 8

FAMILY/GROUP SAILING INSTRUCTION

- Sun | 9:30 am –12 pm
Cost: \$25 per person
(4 people max per appt)

The course offers a brief introduction to sailing and is a great activity for groups of friends and families. Includes an overview in-the-classroom demonstration of rigging, and some time on the water. Open to eligible adults and family members 10 years and older.

FAMILY SAIL

- By Appointment

PRIVATE SAILING INSTRUCTION

- By Appointment
Cost: \$20 per hour

MORNING SAILING SESSIONS

- Tue, Wed | 10 a.m.–Noon
Cost: \$5 per hour

SUNSET REGATTAS

- Thu | 4 p.m.–Sunset
Cost: \$5 per boat

MARINA CHECKOUT QUALIFICATION

- By Appointment
Cost: \$20 per hour

R-19 BOATER'S CERTIFICATE

- By Appointment | 4-hours
Cost: \$80 per session

OUTRIGGER CANOEING

P.T. OUTRIGGER CANOE PADDLING RB

- Mon-Fri | 6:30-7:30 am or 11 am-12 pm
Cost: \$3 per session

*Must pre-register at the Outdoor Adventure Center prior to paddling.

RECREATIONAL OUTRIGGER CANOE PADDLING RB

- Mon/Wed/Fri | 8:30-9:30 am
Cost: \$3 per session
Ages 10 & up

Must purchase ticket at the Outdoor Adventure Center prior to paddling. Space is limited to the first 12 people

OUTRIGGER CANOE PADDLING HH AT HONEYMOON BEACH

- *Fri | May 4, 18 | Jun 1, 15, 29
8:30-9:30 am
Cost: \$3 per session

*Must pre-register at HH Marina by Wed before. Come get an early workout before the day starts! Preregistration is required to participate. Sign up at Hickam Harbor Marina. All ability levels welcomed!

PADDLEBOARD YOGA

STAND UP PADDLEBOARD YOGA HH

- *Fri/Sat
8:30-9:30am
Cost: \$10 per session
Ages 16 & up

*Must pre-register at HH Marina by Wed before. Paddleboard is included for each class. No experience in stand up paddle boarding or yoga is necessary; however, you should feel comfortable in the water and have the ability to swim. You will not be able to stand in the water if you fall off your board. The boards are attached to an anchoring system, so you will not drift away while performing yoga. Customers are asked to arrive 10 - 15 minutes early to get boards on the water.

BEACHES

HICKAM BEACH

3455 Mamala Bay Dr.

SURF SHACK • 449-5215 Friday–Sunday, 10 am–4 pm

BEACH EQUIPMENT RENTALS

Kayak (1 per) \$5 hr • \$20 day	Kayak (2 per) \$7 hr • \$25 day
Surf Board \$5 hr • \$25 day	Paddleboard \$9 hr • \$25 day
Beach Lounger \$5 hr • \$15 day	Wind Surfing Board \$10 day

WHITE PLAINS BEACH

Kalaeloa

SURF SHACK • 682-4925 Daily, 10 am–5:30 pm

BEACH EQUIPMENT RENTALS

Body Board \$1 hr • \$5 day	Paddleboard \$9 hr • \$25 day
Body Board w fins \$3 hr • \$10 day	Fins \$2 hr • \$5 day
Surf Board \$3 hr • \$25 day	Hoeshoes/Volleyball \$3 day



\$2 TUESDAYS

Mamala Bay Golf Course Driving Range

Every Tuesday
3.30 p.m. - 5.30 p.m.

Open to ages 6 years and up.

Come out and let our PGA certified golf instructors help you with your golf swing.

Advance sign ups encouraged, call **808-449-2304**

\$2 / Two Buckets of Balls

\$2 / Hot Dogs

\$2 / Select Beers

\$1 / Bottled Water & Can Soda

FREE golf clubs to borrow.



Liberty Calendar

MAY 2018



FREE & LOW-COST ACTIVITIES FOR SINGLE ACTIVE-DUTY MILITARY E1-E6

For a mobile friendly site please visit www.facebook.com/LibertyHawaii and click on the top, pinned post. Register now online at www.greatlifeohawaii.com. Go to Recreation, then Liberty and click on the Event Calendar tab.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DESIGNATION FOR HIKE: BEG: Beginner INTER: Intermediate ADV: Advanced		1 LEI DAY CELEBRATION @ QUEEN KAPIOLANI PARK FREE Express 1200 Beeman 1300 Instant 1315 Makai 1330	2 FIFA 18 TOURNAMENT FREE Beeman 1800 WIN PRIZES!!!	3 KI SPEED GO-KARTS \$15 Express 1645 Beeman 1730 Instant 1745 Makai 1800	4 HOMEMADE FRIED RICE FOR LUNCH presented by USAA FREE Beeman 1100-1300 PING PONG TOURNAMENT FREE Makai 1800 WIN PRIZES!!!	5 HOME OF THE BRAVE MUSEUM FREE Express 1630 Beeman 1715 Instant 1730 Makai 1745 SHEN YUN @ BLAISDELL CONCERT HALL \$40 Express 1745 Beeman 1830 Instant 1845 Makai 1900
6 HIKE WAIMANO POOLS [INTER] FREE Express 0830 Beeman 0900 Instant 0915 Makai 0930 UH MENS BASEBALL VS. CAL POLY FREE Express 1130 Beeman 1200 Instant 1215 Makai 1230	7 WOOD SHOP: KOA PEN TURNING \$10 Express 1430 Beeman 1515 Instant 1530 Makai 1545	8 NORTH SHORE STAR GAZING FREE Express 2000 Beeman 1900 Instant 1915 Makai 1930	9 SUPER SMASH BROS N64 TOURNAMENT FREE Beeman 1900 WIN PRIZES!!!	10 TEN & GRIND @ RESTAURANT 604 \$10 Express 1600 Beeman 1700 Instant 1715 Makai 1730	11 HULI HULI CHICKEN FOR LUNCH presented by USAA FREE Beeman 1100-1300 STAR OF HONOLULU FIREWORKS DINNER CRUISE \$40 Express 1500 Beeman 1545 Instant 1600 Makai 1615	12 HIKE MAKAPUU POINT & SWIM [INTER] FREE Express 0830 Beeman 0900 Instant 0915 Makai 0930 KUALOA 2-HOUR ATV TOUR \$60 Express 0915 Beeman 1000 Instant 1015 Makai 1030
13 HAWAII SYMPHONY ORCHESTRA: GERMAN TREASURES \$15 Express 1430 Beeman 1500 Instant 1515 Makai 1530 KAYAKING MOKULUA FREE Express 0815 Beeman 0900 Instant 0915 Makai 0930	14 PAU HANA SURF SESSION FREE Express 1400 Beeman 1445 Instant 1500 Makai 1515	15 8 BALL POOL TOURNAMENT FREE Beeman 1800 WIN PRIZES!!!	16 LEARN TO COOK WITH LIBERTY FREE Express 1830 Beeman 1700 Instant 1715 Makai 1800	17 BARRACKS BASH @ ARIZONA HALL presented by USAA FREE 1700 - 1900	18 SOUP AND SANDWICHES FOR LUNCH presented by USAA FREE Beeman 1100-1300 MADDEN 18 TOURNAMENT FREE Makai 1800 WIN PRIZES!!!	19 HIKE PUU MAELIELI [BEG] FREE Express 0830 Beeman 0900 Instant 0915 Makai 0930 NORTH SHORE SHARK CAGE ADVENTURE \$40 Express 1015 Beeman 0915 Instant 0930 Makai 0945
20 SURF & BBQ \$10 Express 0930 Beeman 0830 Instant 0845 Makai 0900 CHIEF'S LU'AU @ WET N WILD \$35 Express 1415 Beeman 1515 Instant 1530 Makai 1545	21 WOOD SHOP: KOA PEN TURNING \$10 Express 1430 Beeman 1515 Instant 1530 Makai 1545	22 PAU HANA SURF SESSION FREE Express 1400 Beeman 1445 Instant 1500 Makai 1515	23 NIGHT GOLF @ HICKAM PAR 3 \$5 Express 1730 Beeman 1830 Instant 1845 Makai 1900	24 MOVIES @ DOLE CANNERY FREE Express 1645 Beeman 1730 Instant 1745 Makai 1800	25 PIZZA FOR LUNCH presented by USAA FREE Beeman 1100-1300 1930'S THEMED MURDER MYSTERY DINNER \$10 Express 1615 Beeman 1715 Instant 1730 Makai 1745	26 OVERNIGHT HIKE/CAMP [INTER] \$5 Express 1200 Beeman 1300 Instant 1315 Makai 1330 WAIKIKI SUNSET HELICOPTER TOUR \$40 Express 1500 Beeman 1700 Instant 1715 Makai 1730
27 SNORKELING SHARKS COVE FREE Express 1000 Beeman 0900 Instant 0915 Makai 0930 RETURN FROM CAMP 1500	28 HIKE KOLEKOLE PASS [INTER] FREE Express 1000 Beeman 0900 Instant 0915 Makai 0930	29 TEXAS HOLD EM TOURNAMENT FREE Makai 1800 WIN PRIZES!!!	30 LASER TAG \$10 Express 1715 Beeman 1800 Instant 1815 Makai 1830	31 NIGHT FISHING FREE Express 1615 Beeman 1700 Instant 1715 Makai 1730	Liberty programs are for single, active-duty Military E1-E6 only. Transportation is provided for all off-site events, just meet at the Liberty Centers or the Makai Recreation Center at the times shown. Payment, if needed, is due at the time of registering online. Cancellations must be done Monday-Friday with 48 hours' notice by calling the Beeman Center in order to receive a refund. FOR MORE INFORMATION, PLEASE CALL ONE OF THE FOLLOWING LIBERTY CENTERS Beeman Center (Pearl Harbor Sub Base) 808-473-2583 Makai Liberty (Hickam) 808-448-0418 Liberty Express (Wahiawa Annex) 808-653-0220	

dining

10th Puka Lounge
Brews & Cues
Joint Base Catering
Koa Lounge
La Familia Mexican Restaurant
The Lanai at Mamala Bay
Mamala Bay Snack Bar
Planet Smoothie
Restaurant 604
Wright Brothers Café & Grille

BREWS & CUES

Bldg. 1314, 915 North Road 473-1743

Chill & Grill

Friday, May 25

5:30 – 7:30pm

FREE

Ages 18 years & older

End the month with free pupus and a pool challenge. All pool participants get entered into a draw at the end to win a fun prize.

Live DJ and Trivia Contest

Every Friday & Saturday Night

FREE

Ages 18 years & older

Dance the night away with DJ Services or test your knowledge with a trivia contest with give-a-ways.

JOINT BASE CATERING

Office next to Wright Bros. Café 448-4608

Mother's Day Brunch Buffet

Sunday, May 13

10am – 1:30pm

Historic Hickam Officers' Club

\$40 Club Members

\$43 Adults

\$21 Child 7-12 years

\$12 Child 4-6 years

\$5 Child 2-3 years

FREE Child under 2 years

ALL RANKS WELCOME!

Reservations required / pre-paid reservations. Please call (808)448-4608, ext.15.

Sunday Brunch

May 6, 20, 27

10am – 1pm

Dining Room (Historic Hickam Officers' Club)

\$24.95 Club Members

\$26.95 Adults

\$13.50 Child 7-12 years

\$8.25 Child 4-6 years

ALL RANKS WELCOME!

Enjoy a delicious brunch at this iconic landmark building on base. Roast beef carving station, made-to-order omelets, crab legs, build your own waffle and a great selection of desserts. Open to all ranks, and all base-eligible patrons.

Paint 'n' Sip

Wednesdays, May 2, 9, 16, 23, 30

5:30 – 8:30pm

Dining Room (Historic Hickam Officers' Club)

\$40/person

An instructor will lead you step by step through the featured painting of the night. You'll leave with your own completed 16" x 20" painting. All art supplies are included. No experience necessary. Cocktails and food available for purchase from the Koa Lounge. Advance registration is done at the Arts & Crafts Center. Reserve your spot today by calling 448-9907 ext. 2.

Mongolian BBQ

NEWLY ADDED Mondays, May 7, 14, 21, 28

Thursdays, May 3, 10, 17, 24, 31

5 – 8pm

The Grand Lanai

\$0.95 per ounce

\$2 Club Member discount

Choose from 20 different fresh veggies, five different meats and a variety of sauces. Rice, noodles, soup, rolls, beverages and fortune cookies are also included. All ranks welcome!

KOA LOUNGE

At the Historic Hickam Officers' Club. . . . 448-4608

Warrior Friday

Friday, May 4

4:30 – 7:30pm

FREE for Club members

\$15 for non-members

Join us for a great time, and enjoy a yummy pau hana pupu buffet! Open to all ranks and all active-duty members of the U.S. Armed Forces, DoD, contractors and retired military.

Margarita Madness

Every Thursday

4 – 6:30pm

Koa Lounge

\$4 Margaritas (regular price \$6.50)

On the rocks or frozen, and many flavors to choose from, including the traditional and Li Hing Mu.

THE LANAI AT MAMALA BAY

3465 Mamala Bay Drive 422-3002

Mother's Day Brunch Buffet

Sunday, May 13

10am – 3pm

\$32.95 Adults

\$16.95 Child 6-12 years

FREE Child 5 years & under

Celebrate Mother's Day with us. Delicious food combined with great views. Also, in honor of Mother's Day, we would like to extend our gratitude by providing a complimentary glass of champagne/sparkling cider to all of our wonderful moms. Reservations recommended.

Mother's Day Dinner Special

Sunday, May 13

5 – 8pm

\$29.95 per person

This special day deserves a special 3-course dinner! Start off with a mixed greens salad with fresh strawberries, shaved parmesan and champagne vinaigrette, then choose between a 6oz. filet mignon served with mashed potatoes, haricot vert, and red wine demi-glace; or a seared Atlantic salmon with caramelized onion farro risotto, and arugula salad. Finish the dinner on a sweet note with a sumptuous chocolate lava cake. Reservations recommended.

Aloha Friday Buffet

Friday, May 4, 11, 18, 25

11am – 2pm

\$15.95 Adults

\$9.95 Child 6-12 years

FREE Child 5 years & under

It's Aloha Friday, end the workweek right with a delicious lunch buffet. Perfect for a quick meal, lunch meeting or other excuse to spend the midday sitting "this close" to the ocean.

Express Lunch Menu

Monday – Friday

11am – 2pm

\$12.95

Pick two options and make it a combo lunch for one low price. Choose from: Pacific Cobb Salad, Spring Greens Salad, Portuguese Bean Soup, Mamala Bay Chowder, Turkey Wrap or Kalua Pork Sandwich. Price also includes a fountain drink!

RESTAURANT 604

At Rainbow Bay Marina. 888-7616

Mother's Day Buffet

Sunday, May 13

9:30am – 2pm

\$45.95 Adults

\$20.00 Child 12 & under

10% off for Seniors (55 & older)

Celebrate Mother's Day with us! We will have delicious food as well as live entertainment. Our buffet will feature a salad bar, a waffle & pancake bar, a selection of breakfast and entree items as well as a dessert station (of course!).

Weekend Brunch

Saturdays and Sundays

9:30am – 3pm

Come and see how the same creativity we put into our lunch and dinner is used for our special brunch menu on the weekends. Experience our twists on breakfast fare, like guava pancakes, rib eye hash, assorted Benedict's and more.

WRIGHT BROTHERS CAFÉ AND GRILLE

2000 Signer Blvd 448-4608 x39

Now Open for Dinner

Fridays and Saturdays

5 – 8pm

Same friendly service, updated menu, and a chance to watch the sunset as you enjoy your meal.



Fitness & Wellness Fair

JBPHH Fitness Center

Friday, May 11 | 10 am - 2 pm | FREE

- **Commercial Vendors**
- **Community Partners & Sponsors**
- **Fitness organizations & clubs**
- **Healthy snacks, prizes & giveaways**
- **Personal Training Q&A and Free 5-minute chair massage**

**For more information call 471-2020/2019
visit greatlifehawaii.com**





GROUPEXERCISECLASSES

* There is a fee for all classes, but the starred classes are free for active-duty personnel.



core & cardio

Strong Training	Wed	6 am–7 am	Pearl Harbor*
Total Body Conditioning	Tue	11:30 am–12:30 pm	Pearl Harbor*
	Wed	5:45–6:45 pm	Pearl Harbor*
HIIT	Wed	6–7 am	Hickam
Tabata	Fri	8:30–9:30 am	Hickam

cycle & spin

Cycle Fit	Mon, Wed	11:30 a.m.–12:30 pm	Pearl Harbor*
	Mon, Wed	11:30 am	Wahiawa
	Wed	7–8 am	Pearl Harbor
	Mon, Wed, Fri	5:30–6:30 am	Hickam*
	Tue, Thu	6–7 am	Pearl Harbor*
	Tue, Thu, Sat	9–10 am	Pearl Harbor
Interval Spin	Wed	11:30 am.–12:30 pm	Hickam

dance

Hot Hula fitness®	Tue	11:30 am–12:30 pm	Pearl Harbor
Hula Fitness	Mon	8:30–9:30 am	Pearl Harbor
Tahula Fitness	Wed	10–11 am	Hickam
Traditional Hula Movements	Sat	8–8:45 am	Pearl Harbor

karate

Karate Basics	Tue	6–7 pm	Pearl Harbor
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kettlebells

Kettlebell Basics	Mon, Wed	4:30–5:30 pm	Pearl Harbor
	Tue, Thu	6–7 am	Pearl Harbor
Intermediate Kettlebells	Fri	4:30–5:30 pm	Pearl Harbor

navy operational fitness & fueling system

NOFFS	Mon	6–7 am	Pearl Harbor*
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total resistance exercise suspension training

TRX	Thu	11:30 am–12:30 pm	Pearl Harbor*
Circuit Training	Tue, Thu	3:30–4:30 pm	Hickam*
HIIT	Wed	3:30–4:30 pm	Hickam*

weights

HIIT	Mon, Wed, Fri	6–7 am	Hickam*
	Tue	5:15–6:15 pm	Hickam
Power Pump	Tue, Thu	8:30–9:30 am	Hickam
Mad Reps	Tue, Thu	9:45–10:45 am	Pearl Harbor
	Sat	10:30–11:30 am	Pearl Harbor
Body Blast	Thu	5:15–6:15 pm	Hickam
Circuit Training	Tue, Thu	6–7 am	Hickam*

weight and functional training

Warrior Zone Circuit Class	Fri	11:30 am–12:30 pm	Pearl Harbor
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wild card

Wild Card Fitness	Fri	6–7 am	Pearl Harbor*
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yoga

Yoga	Mon	9:45–10:45 am	Pearl Harbor
	Mon, Wed	5:15–6:15 pm	Hickam
	Mon, Thu	4:30–5:30 pm	Pearl Harbor
	Tue	11 am	Wahiawa
	Tue	5:45–6:45 pm	Pearl Harbor
	Tue, Thu	11:30 am–12:30 pm	Hickam
	Wed	11:30 am–12:30 pm	Pearl Harbor
	Fri	8:30–9:30 am	Pearl Harbor
	Sat	8–9 am	Pearl Harbor

zumba

Zumba	Mon	8:30–9:30 am	Hickam
	Mon, Tue, Thu	8:30–9:30 am	Pearl Harbor
	Mon, Wed	6:30–7:30 pm	Hickam
	Mon, Thu	5:45–6:45 pm	Pearl Harbor
	Tue, Wed	4:30–5:30 pm	Pearl Harbor
	Wed, Fri	9:45–10:45 am	Pearl Harbor
	Fri	5:30–6:30 pm	Hickam
	Sat	9:15–10:15 am	Pearl Harbor
	Sat	10–11 am	Hickam
Strong by Zumba	Tue, Thu	10–11 am	Hickam
	Fri	5:45–6:45 pm	Pearl Harbor

INFORMATION SUBJECT TO CHANGE

Fitness Center Locations : Hickam, 1120 Vickers Ave (Bldg 1120) • 448-2214 | Pearl Harbor, 1071 North Rd (Bldg 1338) • 471-2019
Wahiawa Annex, 500 Center St (Bldg 446) • 653-5542

For fitness training, mobile fitness training, CFL, NOFFS, TRX and so much more, contact:
mark.mcfarland@navy.mil or phone: 808-471-2021

family/support

Child Development Centers
Child Development Homes
Military & Family Support Center
School-Age Care
School Liaison Office
Teen Center

TEEN CENTER

Teen Center, 234 Melick Ave. Bldg. 1330 . . . 448-1068

Family Night

Tuesday, May 15

5:30 – 7pm

FREE

Ages: All teen family members welcome!

Come by the Teen Center and enjoy some light snacks, learn about upcoming events, and play some games!

Teen Workforce Workshop

Saturday, May 19

10:00am – 12:30pm

FREE

Ready to get your first job? Come by the Teen Center for their first workforce workshop. Learn how to write a resume, dress for success, manage money, and have integrity in the work place. Register online.

Hail and Farewell: End of School Year BBQ!

Saturday, May 26

5:30 – 7pm

FREE

Ages: 13–18

Come help us welcome new teens to our family and say “see yah later!” to those moving on to new adventures!

athletics

Aquatics
Bowling
Fitness Programs & Centers
Golf
Intramurals
Youth Sports

AQUATICS

Arizona Pool (Ford Island) 472-7582
Pool 1 (Hickam) 449-8274
Pool 2 (Hickam) 260-9736
Scott Pool (Pearl Harbor) 473-0394
Towers Pool (Makalapa) 471-9723

Pailolo Channel Swim Challenge

May 1 – 31

All available JBPHH Pools

This May, swim the distance of the Pailolo Channel - from Maui to Molokai! You have the whole month to complete a total of 9 miles / 14.5 km. This swim is part of the Aquatics Swim Challenge Series. For more info, call (808) 473-0394.

BOWLING

Hickam Bldg. 1891 448-9959
Naval Station Bldg. 1736 473-2574
The Escape (Wahiawa Annex) 473-2651

Mother's Day Special

Sunday, May 13

10am – 1pm Hickam Bowling Center

11am – 1pm Naval Station Bowling Center

Moms bowl for FREE and get a FREE shoe rental. Must be accompanied by a paying family member.

Lunch & Bowl

Tuesday, May 1, 8, 15, 22, 29

11am – 1pm Hickam Bowling Center

11am – 1pm Naval Station Bowling Center

Get up to 2 FREE games of bowling when you purchase a lunch item worth at least \$8 from our snack bar. Shoe rental is extra.

\$1.75 Wednesdays

Wednesday, May 2, 9, 16, 23, 30

4 – 9pm Hickam Bowling Center

\$1.75 for a game of bowling, shoe rental and a hot dog.

Active Duty Military Bowl Free

Monday, May 7, 14, 21, 28

11am – 1pm Hickam Bowling Center

Thursday, May 3, 10, 17, 24, 31

11am – 1pm Naval Station Bowling Center

Receive up to 2 free games of bowling during lunchtime. Shoe rental extra. Military ID card required. Offer not valid on Holidays.

Cosmic Bowling

Fri, 9:30 pm – Midnight Hickam Bowling Center

Sat, 6 pm – Midnight Hickam Bowling Center

Sat, 8:30 – 10:30 pm Naval Station Bowling Center

FITNESS PROGRAMS & CENTERS

Hickam Bldg. 1120 448-2214
JBPHH-Pearl Harbor Bldg. 1338 471-2019
Naval Station Gym Bldg. 667 473-2436
Wahiawa Annex Bldg. 446 653-5542
Open 24 hours/day, 7 days/week (unstaffed):

Ford Island Bldg. 55

Kunia Bldg. 446

Makalapa Bldg. 388

West Loch Bldg. 621

Fiesta 5K Fun Run

Saturday, May 5

6:30am

Hickam Memorial Fitness Center

Registration for this free event starts at 6am. Prizes for top finishers in all categories: adult male, adult female, youth boy, youth girl, stroller male and stroller female.

Softball Tournament

Saturday & Sunday, May 5 – 6

\$200 per team

Open to active duty, family members 18 years and older, and DoD employees assigned to JBPHH. Call to sign up!

Ultimate Frisbee Tournament

Saturday & Sunday, May 5 – 6

FREE

Open to active duty, family members 18 years and older, and DoD employees assigned to JBPHH. Call to sign up!

Fitness & Wellness Fair

Friday, May 11

10am – 2pm

JBPHH Fitness Center

This free event includes the Annual Fire Truck Pull Contest (11am-12:30pm). For more information, call 808-471-2020/2019.

3-point shoot-out competition

Thursday, May 17

7am – Noon

Wahiawa Annex Fitness Center

Test your basketball skills and rack up maximum points in 30 seconds. Awards provided to the top three contenders. Complimentary event to all eligible patrons. For further info, call 808-653-5542.

GOLF

Barbers Point 682-1911
Ke'alohe Par 3 448-2318
Mamala Bay 449-2304
Navy-Marine 471-0142

Hickam Invitational Golf Tournament

May 18 – 20

Mamala Bay Golf Course

\$200

Field limited to 180-200 players. Download an application at greatlifehawaii.com or pick up at Mamala Bay Golf Course.

\$2 Tuesdays

Tuesday, May 1, 8, 15, 22, 29

3:30 – 5:30 pm

Mamala Bay Golf Course Driving Range

Grip it and rip it! \$2 gets you two buckets of balls, plus \$2 hot dogs, \$2 select beers and \$1 soda and bottled water. Plus, our golf pros will be on hand to offer tips. Open to ages 6 and up, call ahead to sign up.

Golf Demo Day

Wednesday, May 2

3:30 – 6:30 pm

Navy Marine Golf Course

Try out some of the latest equipment at the driving range. For more info, call 808-471-0142.

Free Golf Clinics

Thursday, May 17

Noon – 1 pm Navy Marine Golf Course

Saturday, May 12

2 pm Mamala Bay Golf Course

Enjoy this introduction to the great game of golf. For more information, call respective pro shop.

Twilight /Play Until Dusk Golf Specials

Monday – Friday (except holidays)

After 3:00 pm Barbers Point Golf Course

Monday – Friday (except holidays)

After 2:30 pm Mamala Bay Golf Course

Saturdays and Sundays

After 3:30 pm Barbers Point Golf Course

\$10 per person (9-holes only)

Select Weekends

After 3:30 pm Mamala Bay Golf Course

Come and enjoy our special twilight golf prices.

For more information, call respective pro shop.

INTRAMURALS

Pearl Harbor Bldg. 667 473-2494 or 473-2437

Intramural Volleyball: Coaches' Meeting

Wednesday, May 23

1 pm

JBPHH Classroom

FREE

League limited to commands from Joint Base Pearl Harbor Hickam. Any additional active duty members not belonging to command team will come from a players' pool. All individual who are interested in getting into the players' pool, please call. Official roster available at the Sports and Fitness Office, Pearl Harbor Bldg. 66.

YOUTH SPORTS

Youth Sports & Fitness (Bloch Arena) 473-0789

Gymnastics (Bldg. 1680) 422-2223

Youth Sports Summer Camps: Archery, Bowling, Golf, Skateboarding/ BMX, & Tennis

Registration Starts May 1

Ages and camp details vary- visitjbphh.greatlifehawaii.com or call 473-0789 for more information.

itt

Barbers Point.....	682-2019
Fleet Store.	473-0792
Hickam.	448-2295
NEX Mall	422-2757
Wahiawa	564-4445, 564-4446
Travel Connections-Fleet Store.	422-0139
Travel Connections-NEX Mall	422-4067

Ford Island Historical Tour

Wednesdays, May 2, 9, 16, 23, 30

9:30am – Noon (Check in at 9:15am)

\$25 for adults

\$20 for children (ages 3–11 years old)

Visit any ITT location for more details.

Hickam Historical Tour

Friday, May 4, 11, 18, 25

9:30am – 1:30pm

\$45 for adults

\$40 for children (ages 3–11 years old)

Visit any ITT location for more details.

Chinatown Food & Historic Tour

Saturday, May 26

8:30am – 1pm

\$35 for adults

\$30 for children (ages 3–11 years old)

Discover the intriguing history of Honolulu's Chinatown on this unique walking tour, as you sample Chinese treats along the way and end with a sumptuous and traditional dim sum lunch.

ITT Shuttle to "Eat the Street"

Friday, May 25

6:30 – 9:30pm

\$7/person round-trip

Free for children under 5 years old (must be on an adult's lap)

Enjoy Hawaii's largest food truck and street rally with over 40 unique vendors. Folding chairs recommended, but no large strollers or coolers.

"Local-Style" Wine Tasting

Wednesday, May 30

6:30 – 8:30pm

Ages 21 years & over only

\$20/person (includes R/T transportation)

Sample up to 8 wines and hearty appetizers in a casual setting. No dress code, come as you are! Surprise samples may be offered without notice. Limit 20 people.

recreation

Arts & Crafts

Auto Skills

Liberty Centers

Library

Marinas

Outdoor Recreation

Sharkey Theater

ARTS & CRAFTS

Hickam Bldg. 1889 448-9907

Hickam 43rd Annual Spring Craft Fair and Dog Show

Saturday, May 5

9am–3pm

This event features over 120 booths of original handmade arts and crafts (just in time for Mother's Day gift shopping), live entertainment, pony rides, great food, make-n-takes, and a Dog Show! Call 448-9907 X101/102 for further info.

LIBRARY

Hickam Bldg. 595 449-8299

Dial-A-Story 449-8297

Wii Wednesday

Wednesday, May 2

2 – 4pm

Come on over after school for some time on our Wii U consoles.

Special Boys' Day Storytime

Wednesday, May 2

2 – 3pm

Boys' Day or Tango no sekku, is a special day in Japan, celebrated each year on May 5. Join us on May 2 in celebration of Boys' Day, as we read and learn about Japanese culture. We will also make fun crafts: a Samurai Warrior and a Fish Kite. Appropriate for ages 4-12.

Young Adult Book Club

Wednesday, Apr 4

4pm

Our Young Adult Club is geared towards Junior High and High School youth. This week our book being discussed is "The Hate U Give". The discussion goal is to encourage members to voice their concerns and opinions about the reading in a non-judgmental setting.

Library Know-How

Saturday, May 5

10am – 12pm

Learn how to get the most out of your library.

Adult Book Club

Tuesday, May 1

10am

Thursday, May 3

6pm

Broaden your literary horizon with us, as we select books from a wide variety of genres. Discussion book.

Kids' Book Club

Wednesday, May 9, 16

2 – 3pm

Ages 4th & 5th grade

If you read at or near a fourth- or fifth-grade reading level, we would love for you to join one of our book clubs. We will discuss "Hana's Suitcase" on May 9 and "The Borrowers" on May 16.

Preschool Story Time

Wednesday, May 9, 23

9 – 10am

Story times are great for children of all ages! Our theme on May 9 is "Police Week and Mother's Day" and May 23 will be "Houses".

Lego Club

Saturday, May 26

10 am – 12pm

Come in and get creative with our Legos!

Summer Reading Program: "Reading Takes You Everywhere"

June 2 – July 14

Saturday, June 2 - Kick Off Event at the Library

10 am – 12pm

Finale – Saturday, July 21 – 10 am – 12pm

For more info: <https://pearlharborhickam.beanstack.org/> or greatlifehawaii.com/recreation/library.

SHARKEY THEATER

Moore St., Bldg. 628 473-0726

Mother's Day Special

Sunday, May 13

2:30 pm

Moms get a FREE admission for the 2:30 pm movie. Must be accompanied by a paying family member.

Single Sailors and Airmen Movie Night

Friday, May 11

7 pm

FREE movie, FREE medium popcorn, and a FREE medium drink! Sign up at the Beeman Liberty Center. Must be Active Duty Navy or Air Force.

INTERESTED IN ENJOYING A 7 DAY HAWAII CRUISE?

Lets Da Lunch!



Join us for an escorted ship tour of the Norwegian Cruise Line's Pride of America with a delicious lunch. See the different types of stateroom, ship amenities, and features of this beautiful ship before you plan to set sail.



\$35 PER PERSON 18 YRS AND UP

(Includes Transportation from Pearl Harbor Fleet Store)

*This is a WALKING TOUR. Each guest must be able to walk long distances and go through stairs with ease.

TOUR DATES:

Jun. 16 Aug. 25 Oct. 13 Dec. 8

Fleet Store ITT check in - 9:45 a.m. / Departs - 10:00 a.m.
Depart ship - 2:30 p.m.

Space is limited, book your tour today!

To book your tour or for more info call (808) 422-0139

The Norwegian Cruise Line 7 Day Hawaii Cruise

"The best way to see Hawaii!"

Visits: Oahu, Maui, Kauai & the Big Island

"Freestyle Cruising" - Lets you go on your own way.





MILITARY & FAMILY SUPPORT CENTER

The Military and Family Support Center (MFSC) combines the former Pearl Harbor Fleet & Family Support Center and the Hickam Airman & Family Readiness Center into one organized center. We provide unified, customer-focused programs, classes and services to support our JBPHH community, including active-duty, reserve, retired personnel, family members and DoD employees.

INFORMATION SUBJECT TO CHANGE

deployment support

NAVY INDIVIDUAL AUGMENTEE (IA) PRE-DEPLOYMENT BRIEF

May 17 • 1:00 – 2:00pm | Pearl Harbor

Monthly Navy IA Pre-Deployment Brief at MFSC. Conducted on the third Thursday of each month as a manner in which Sailors have a readily accessible event to attend for upcoming deployments.

DEPLOYMENT GAMES, CRAFTS AND KEEPSAKES

May 24 • 4:00 – 6:00pm | Hickam

Join us for a fun evening of deployment related games and craft making. We will have various interactive stations to explore at your leisure. Go home with items to send to your deployed service member such as "mail a hug" or a welcome home sign. Children welcome!

employment assistance

ACING THE INTERVIEW

May 11 • 12:30 – 2:00pm | Hickam

Preparation and determination is the key to a successful interview. This class will provide you with the tools to be able to answer different types of interview questions and prepare you for the many interview styles that are popular today. In this interactive class participants will have an opportunity to observe and take part in mock interviews.

CIVILIAN RESUME WRITING

May 29 • 4:30 – 6:30pm | Pearl Harbor

This class will cover the different resume formats and the advantages and disadvantages of each. Learn how to write powerful accomplishments that help you stand out from the competition, proper formatting, common mistakes to avoid, and so much more. Note: this class targets private sector resumes only.

EXPLORING CAREER CHOICES

May 14 • 4:30 – 6:30pm | Pearl Harbor

Discover career choices that fit YOUR personality! Understand your personality type, focus on your strengths and see what paths may lead you to your dream career!

FEDERAL EMPLOYMENT 101

May 11 • 8:00 – 10:00am | Hickam

May 21 • 4:30 – 6:30pm | Pearl Harbor

The application process for federal jobs can feel confusing and overwhelming but the benefits of civil service are worth the effort! We will help you navigate the USAJobs website and understand the application process from start to finish. Federal resumes are different than private sector resumes and we will teach you how to build a competitive application. We will also cover topics such as hiring preferences and programs for veterans and military spouses.

PART-TIME MONEY MAKERS

May 16 • 4:30 – 6:30pm | Pearl Harbor

Our class will help you discover creative ways to earn supplemental income! This course will cover legitimate, remote employment opportunities; local part-time, temporary, and seasonal jobs; self-employment and government contracting; leveraging your hobby into a money maker and quick-start income opportunities and money saving apps. We will also help you identify red flags for scams and determine your entrepreneurial risk tolerance and potential.

ONWARD 2 OPPORTUNITY

May 29 – Jun 1 • 8:00am – 4:30pm | Pearl Harbor

Transitioning service member or military spouse interested in obtaining a professional certification for FREE? Check out onward2opportunity-vctp.org to register for a cohort hosted by your JBPHH MFSC!

RECRUITING EVENT

May 3 • 1:30 – 3:30pm | Pearl Harbor

May 17 • 1:30 – 3:30pm | Pearl Harbor

Spouses and transitioning service members! Come meet with great employers looking to recruit YOU!!!

family life skills

DEVELOPING SELF-ESTEEM IN CHILDREN

May 3 • 10:00am – 12:00pm | Pearl Harbor

Did you know a parent's behavior can influence their child's thinking? Learn the "language of encouragement" and the importance of building self-esteem in children. Discover the power of mutual respect and how to understand the difference between praise and encouragement.

NEW MOMS AND DADS

May 16 • 5:00 – 8:00pm | Hickam

New and soon-to-be parents (or those who are thinking about becoming parents) will learn about the roles, responsibilities, demands and joys of being parents. The session will also include early childhood social, emotional and physical development, crying and consoling, basic care information, and what to expect in the first year.

PARENT CHILD COMMUNICATION

May 15 • 10:00am – 12:00pm | Pearl Harbor

Having positive parent child communication is key to maintaining healthy family relationships. Improve your communication skills with your children of all ages; we will discuss techniques suitable for each age group.

PARENTING GROUP

May 1, 8, 15, 22, 29 • 10:00am – 12:00pm | Pearl Harbor

This eight-week interactive parenting group assists parents to better nurture their children, allowing their children to grow into responsible adults and loving parents to their own children. For more information and to register, call MFSC-Pearl Harbor and ask to speak to the group facilitator.

POSITIVE PARENTING

May 9 • 1:00 – 3:00pm | Pearl Harbor

Parenting skills are something learned; not something we are born with. This class will enhance your parenting skills and make your parenting goals attainable. Topics include: establishing positive relationships, disciplining assertively, creating realistic expectations and more.

SOOTHING YOUR BABY AND LOVING TOUCH

May 24 • 1:00 – 2:00pm | Hickam Medical Bldg

A New Way to Understand Your Baby's Crying with Period of Purple Crying and Introduction to Infant Massage. The Period of PURPLE Crying is the phrase used to describe the time in a baby's life when they cry more than any other time. This class captures the behavioral characteristics of excessive crying during this normal developmental phase. The class aims to help parents find ways to soothe their baby and build resilience during this challenging period.

STOP BULLYING

May 22 • 10:00am – 12:00pm | Pearl Harbor

Has your child been a victim of bullying? Has your child been the bully? This workshop looks at the dynamics of bullying and ways to defend against it. Building our children up today will help end bullying for tomorrow!

UNSTOPPABLE ME

May 10 • 1:00 – 3:00pm | Hickam

Bring your kids to MFSC for story time! This book focuses on the AMAZING people kids are, and how they persevere and shine! Following the end of the reading, kids will participate in an empowering activity.

information and referral

EFMP COFFEE TALK

May 10 • 9:00 – 10:00am | Pearl Harbor

Learn, share and connect with other Exceptional Family Member Program (EFMP) families.

key spouse/ombudsman group fleet readiness

KEY SPOUSE INITIAL TRAINING

May 15 • 8:00am – 2:00pm | Hickam

Open to all appointed USAF Key Spouses, Commanders, and First Sergeants. Network with other Key Spouses/Mentors and discover community resources for disaster preparedness, relocation, and much more.

KEY SPOUSE SAPR AND SUICIDE AWARENESS TRAINING

May 15 • 2:00 – 3:00pm | Hickam

This Key Spouse training opportunity was created to combine SAPR Training and Suicide Awareness Training into one session.

OMBUDSMAN ASSEMBLY MEETING COMNAVREG HAWAII & COMSUBPAC

May 16 • 6:00 – 8:00pm | Ford Island Conference Center

All officially appointed ombudsmen are required to represent the command at the local Ombudsman Assembly meetings. Local ombudsman assemblies frequently serve as venues for ongoing training of ombudsmen. Assemblies serve as liaison for policy discussion and clarification by appropriate local agencies regarding issues of interest to ombudsmen and command family members.

OMBUDSMAN BASIC TRAINING

May 8 – 10 • 8:30am – 4:00pm | Pearl Harbor

Ombudsmen are required to attend training soon after their appointment by their Commanding Officer. Ombudsman Basic Training's nine modules provide the foundation to properly execute the ombudsman's duties. All Command Support Team (CST) and their spouses are encouraged to attend. To register, call 474-1999.

personal development

ANGER MANAGEMENT

May 21 • 9:00am – 12:00pm | Pearl Harbor

We all know what anger is, and we have all felt it: whether as a fleeting annoyance or as a full-fledged rage. Feeling anger is not unusual; it is a completely normal and healthy human emotion. It's how we channel that anger and emotion that's important. Join us for this class that is designed to help you better understand, channel, and control your anger.

CONFLICT RESOLUTION

May 17 • 10:00am – 12:00pm | Pearl Harbor

This workshop helps people to manage conflict by examining their attitudes and behaviors when faced with conflicting situations. Learn how to prevent conflict from escalating and how to work with others to solve problems; this allows people to grow, missions to succeed and families to strengthen.

DEALING WITH DIFFICULT PEOPLE

May 17 • 1:00 – 3:00pm | Pearl Harbor

Do you work with a Sniper or a Tank? How about a Cry Baby? Attend our workshop and learn all about those types of people who seem to create a toxic work environment for the rest of us. We can teach you some tips on how to identify who they are, why they get under our skin, and the best way to deal with each specific one.

DEVELOPING AND STRENGTHENING COMMUNICATION SKILLS

May 9, 16, 23 • 10:00am – 12:00pm | Pearl Harbor

Learn how relationships are rooted in how we communicate. Be able to assess yourself, and your significant other in terms of personality types. Help adults understand why they are attracted to the identity traits of their spouse or intimate partner. Finally, develop and sharpen new, more effective communication and conflict resolution skills.

FAMILY ADVOCACY PROGRAM (FAP) LEADERSHIP SEMINAR

May 3 • 8:00 – 11:00am | Pearl Harbor

The Family Advocacy Program (FAP) Leadership Seminar fulfills the requirements that all Commanding Officers and Senior Enlisted Advisors are required to receive training on family maltreatment and installation FAP Services and resources within 90 days of assuming command. FAP Leadership Seminar provides essential information on installation domestic violence services, resources, FAP procedures, prevention, and the command's role in Family Advocacy. Command involvement and support in FAP is vital to ensure prompt and appropriate prevention, safety and intervention actions to maintain operational readiness.

HEALTHY RELATIONSHIPS 101

May 7 • 10:00am – 12:00pm | Pearl Harbor

This class outlines characteristics of a healthy relationship, how self-esteem affects our choices, effective communication, and conflict resolution. We'll give you the tools to build and maintain a solid foundation for a quality relationship. Great for any personal relationship, whether working, family, or romantic.

HEALTHY RELATIONSHIPS FOR TEENS

May 16 • 5:30 – 7:30 p.m. | Pearl Harbor

One in three teens will experience a violent dating relationship by the time they reach adulthood. Dating is just one of the multitudes of challenges teens face. Teens attending the class, will learn the core elements of building Healthy Relationships: high self-esteem, qualities to look for in people, social media and keeping safe!

MEN'S ALTERNATIVES TO VIOLENCE GROUP

May 2, 9, 16, 23, 30 • 1:00 – 3:00pm | Pearl Harbor

This 20-week group addresses male violence toward their intimate partners. The group offers men alternatives to abusive behavior by increasing problem solving skills, identifying personal triggers, use of time-outs to reduce tension and making non-abusive choices in their behaviors. For more information and to register, call MFSC-Pearl Harbor and ask to speak to the group facilitator.

PEOPLE SKILLS FOR PROFESSIONAL DEVELOPMENT

May 8 • 10:00am – 12:00pm | Pearl Harbor

Would you like to master the art of people skills and maximize the impact of your first impressions? Having strong interpersonal skills can open many avenues in work and in life. This class will teach you about communication, conversation, and the value of soft skills in the workplace.

SKILLS DEVELOPMENT GROUP

May 2, 9, 16, 23, 30 • 10:00am – 12:00pm | Pearl Harbor

This eight-week group is designed to increase participants' conflict resolution skills in relationships. Topics include anger management, stress management, assertiveness training and common relationship issues. For more information, contact MFSC-Pearl Harbor and ask to speak to the group facilitator.

STRESS MANAGEMENT

May 14 • 9:00am – 12:00pm | Pearl Harbor

Stress is a normal psychological and physical reaction to the ever increasing demands of life. Most people experience challenges with stress at some point during the year. Over time, high levels of stress can lead to serious health problems; that is why managing your stress is so important. Learn how stress affects our personal and professional lives, how we can decrease the stress we are experiencing, and how to interrupt the stress cycle and use relaxation techniques.

TIME MANAGEMENT

May 1 • 10:00am – 12:00pm | Pearl Harbor

Acquire skills to make better choices about time management and achieve your goals. Gain the personal understanding and practical skills to implement a customized framework for successful time management.

TRANQUIL SEAS: STRESS AND SELF CARE

May 24 • 10:00am – 12:00 p.m. | Pearl Harbor

Self-care is a critical element in managing stress, preventing burnout and achieving a sense of fulfillment. Evaluate ways you can build self-care into your daily routine, be mindful through your activities and reach your fullest potential.

UNPLUG YOUR RELATIONSHIP

May 23 • 1:00 – 3:00pm | Pearl Harbor

Learn about yourself and your partner by spending a few hours together, technology-free. "Unplug Your Relationship" by having fun and creating art without interruptions.

WOMEN EMPOWERED GROUP

May 7, 14, 21 • 10am – 12:00pm | Pearl Harbor

This self-development group aims to help women harness their own voices and strengths, learn to build healthy relationship, take actions towards personal growth. This group is held in a supportive and confidential atmosphere with opportunities to meet and share with others. For more information, contact MFSC-Pearl Harbor and ask to speak to the group facilitator.

WOMEN'S ALTERNATIVE TO VIOLENCE GROUP

May 1, 8, 15, 22, 29 • 2:00 – 4:00pm | Pearl Harbor

This 20-week group addresses women's violence toward their intimate partners. The group offers alternatives to abusive behavior by increasing problem solving skills, identifying personal triggers, use of time-outs to reduce tension and making non-abusive choices in their behaviors. For more information and to register, call MFSC-Pearl Harbor and ask to speak to the group facilitator.

WORK AND PERSONAL LIFE BALANCE

May 2 • 10:00am – 12:00pm | Pearl Harbor

Learn to manage everyday stressors to create a healthy work and personal life balance. This class will focus on strategies to create realistic expectations and challenge negative thinking patterns, while expanding your toolkit for maximum balance and well-being.

personal financial management

COMMAND FINANCIAL SPECIALIST (CFS) REFRESHER TRAINING

May 15 • 8:00am – 3:30pm | Pearl Harbor

This one-day training is required every three years for trained Command Financial Specialists to review and sharpen skills learned in Command Financial Specialist (CFS) training which include the financial planning worksheet, solution-focused financial counseling, and developing your CFS program. Learn new presentation skills and techniques as well as discuss current financial topics. Open to all trained Command Financial Specialists.

FINANCIALLY SAVVY RETIREES: SOCIAL SECURITY

May 16 • 9:30 – 11:00am | Pearl Harbor

Live better through planning! This quarterly financial seminar provides expert advice on various subjects of interest to retirees such as the basics of estate planning, Wills and Trusts, protecting yourself against fraud, long term care and more!

MANAGING MONEY AND CREDIT

May 31 • 1:00 – 3:00pm | Pearl Harbor

Money management becomes more important and complicated as you go through life. Let us help you make your money work for you. From the basics of debt reduction, budgeting, saving, and investing basics to advanced strategies and guidance for improving your credit score, planning savings goals and gaining awareness about loans. This class will help you on your journey to become your own smart financial manager.

PAYING FOR COLLEGE

May 24 • 1:00 – 2:30pm | Pearl Harbor

This course is designed for those entering college now or in the near future. It will educate students how to research, compare and evaluate different college funding options based on their specific needs.

COMMAND SPONSOR COORDINATOR (CSC) AND INDIVIDUALIZED NEWCOMER TREATMENT AND ORIENTATION (INTRO) MANAGER TRAINING

May 23 • 8:00 – 11:00am | Pearl Harbor

This class covers the regulations that govern the programs, how to assign sponsors, implementing rewards/awards to ensure a successful sponsorship program, and more. Open to Navy CSCs, Air Force INTRO Managers, Commanders, CMCs, Command Chiefs, and First Sergeants.

To Register for a MFSC Class Visit:

<https://www.greatlifehawaii.com/family-support/military-family-support-center/mfsc-class-schedule>

relocation assistance

SMOOTH MOVE

May 10 • 8:00 – 11:30am | Hickam

This workshop features speakers from various departments to give you a better understanding of the Permanent Change of Station (PCS) process such as: entitlements, travel regulations, shipping your vehicle, filling out necessary paperwork, clearing quarters, researching new base and location, and financial planning.

SPONSOR TRAINING

May 1 • 1:00 – 3:00pm | Wahiawa

May 9 • 1:00 – 3:00pm | Hickam

Gives the new sponsor information, resources, and tools needed to assist incoming personnel and families, in order to ease their transition to a new environment. Spouses are encouraged to attend.

sexual assault prevention & response (SAPR)

SAPR POC TRAINING

May 30 • 8:00am – 4:00pm | Pearl Harbor

This is essential training to provide Sexual Assault Prevention and Response (SAPR) Points of Contact (POC) with the knowledge and responsibilities to perform their duties. Contact the Sexual Assault Response Coordinator (SARC) for more information and to register for this course which will require a letter of designation.

SAPR VICTIM ADVOCATE INITIAL TRAINING (VAIT)

May 21 – 25 • 7:30am – 4:00pm | Pearl Harbor

The VAIT is a 40 hour in-depth Sexual Assault Prevention and Response (SAPR) course that is designed to prepare an individual for the role and responsibilities of a US Navy SAPR Unit Victim Advocate. This is a highly interactive class that provides a comprehensive overview on the SAPR program/procedures, dynamics of sexual assault and victimization, response by the command, medical, legal, investigative, counseling, and advocacy personnel, as well as SAPR intervention and prevention strategies. Interested personnel should contact their respective SAPR POC or command leadership to express their interest in attending the class and becoming a Unit Victim Advocate. The command will in turn coordinate course registration with the SAPR office.

transition assistance

AFTER GPS

May 18 • 8:00am – 3:00pm | Hickam

A follow-on to the 5-day TGPS workshop; informative briefs including Survivor Benefit, Tricare, Veterans Affairs, Workforce Development Office, and CAPSTONE prep. This workshop also includes an employer panel to assist you in understanding the civilian hiring process and how to best present yourself as the best candidate.

CAPSTONE EVENT

May 3 • 7:30 – 8:30am • 9:00 – 10:00am • 10:30 – 11:30am | Pearl Harbor

May 10 • 7:30 – 8:30am • 9:00 – 10:00am • 10:30 – 11:30am | Pearl Harbor

May 17 • 7:30 – 8:30am • 9:00 – 10:00am • 10:30 – 11:30am | Pearl Harbor

May 24 • 7:30 – 8:30am • 9:00 – 10:00am • 10:30 – 11:30am | Pearl Harbor

May 31 • 7:30 – 8:30am • 9:00 – 10:00am • 10:30 – 11:30am | Pearl Harbor

The final mandatory step in Transition; measures a service member's transition readiness from the military to civilian life. Referrals to external agencies that offer additional assistance to ensure a successful transition to civilian life provided as needed. Capstone must be completed no later than 90 days prior to separating/retiring. A prerequisite for this event is Transition GPS (Goal, Plans, and Success).

TRANSITION GPS: CAREER AND TECHNICAL TRAINING

May 22 – 23 • 8:00am – 4:00pm | Pearl Harbor

Provides transitioning personnel with information and tools to obtain technical training in their chosen field. During the workshop, you'll be able to: (1) Complete an education needs assessment, (2) Identify, compare, and select technical training institutions based on specific criteria, (3) Prepare a Technical Training Application Package, (4) Schedule one-on-one counseling with the academic advisor from the institution, and (5) Connect with the Student Veteran Organization at your chosen institution.

TRANSITION GPS (GOALS, PLAN, SUCCESS) FOR RETIREES

May 7 – 11 • 7:30am – 4pm | Pearl Harbor

This mandatory 5-day workshop provides transitioning service members with an intensive transition overview including information and referral for veteran's benefits and services, individual transition plan consultation, MOC Crosswalk and GAP Analysis instruction, and a 3-day Department of Labor Employment Workshop. Plan to attend within two years of retirement. Spouses are encouraged to attend. Navy members must register through their CCC. Air Force members may register through a transition counselor at the MFSC.

TRANSITION GPS (GOALS, PLAN, SUCCESS) FOR SEPARATEES

May 7 – 11 • 7:30am – 4pm | Pearl Harbor

May 14 – 18 • 7:30am – 4pm | Pearl Harbor

This mandatory 5-day workshop provides transitioning service members with an intensive transition overview including information and referral for veteran's benefits and services, individual transition plan consultation, MOC Crosswalk and GAP Analysis instruction, and a 3-day Department of Labor Employment Workshop. Plan to attend within one year of separation. Spouses are encouraged to attend. Navy members must register through their CCC. Air Force members may register through a transition counselor at the MFSC.

USAF PRE-SEPARATION BRIEFING

May 2, 9, 16, 23, 30 • 8:00 – 11:00am | Hickam

DoDI 1332.35 mandates separating and retiring members receive Pre-Separation Counseling NLT 90 days prior to separation. Attending 12 months prior for separatees and 24 months prior for retirees is highly encouraged. This mandatory counseling covers VA benefits and entitlements, employment, education, medical, and community resources, among others.

Military & Family Support Center Locations

MFSC-Hickam

655 Vickers Avenue, Bldg. 1105
474-1999

Tue–Thu: 8 a.m. – 3:30 p.m.

Closed daily from 11 a.m. – 12 p.m.

MFSC-Pearl Harbor

4827 Bougainville Drive
474-1999

Mon–Thu: 7 a.m. – 4:30 p.m.

Fri: 7 a.m. – 4 p.m.

MFSC-Wahiawa Annex

500 Center Street, Bldg. 392
Wahiawa, HI 96786
474-1999

Tue–Thu: 7:30 a.m. – 4 p.m.

food&drink

JOINT BASE CATERING

Office next to Wright Brothers Café • 448-4608 Ext. 16
 Mon, Sat Appointment only
 Tue-Fri 0900-1600
 Sun Closed

DINING FACILITIES/GALLEYS (ACTIVE-DUTY ONLY)

Hale Aina DFAC • Hickam Bldg. 1860 • 449-1666
 Mon-Fri 0600-0830, 1100-1300, 1700-1830
 Sat, Sun, Holidays 0630-0830, 1100-1300, 1700-1830
 Silver Dolphin Bistro Galley • Bldg. 655 • 473-2948
 Mon-Fri 0615-0730, 1100-1230, 1615-1730
 Sat, Sun, Holidays 0615-0730, 1030-1230, 1615-1730

RESTAURANTS & CASUAL DINING

LA FAMILIA MEXICAN RESTAURANT
 At Ke'alahi Par 3 Golf Course • 422-9987
 Mon-Sat 1000-2100
 Sun 1000-2000

THE LANAI AT MAMALA BAY

3465 Mamala Bay Drive, Hickam Harbor • 422-3002
 Mon-Thu, Sun 1100-1400, 1700-2100
 Fri, Sat 1100-1400, 1700-2100
 Hapa Bar
 Mon-Thu, Sun 1100-2000
 Fri, Sat 1100-2100

RESTAURANT 604

57 Arizona Memorial Drive, Rainbow Bay • 888-7616

Mon-Thu 1030-2200
 Fri 1030-2300
 Sat 0930-2300
 Sun 0930-2200
 Aloha Hour
 Mon-Fri 1500-1700

WRIGHT BROTHERS CAFÉ & GRILLE

901 Worthington Avenue • 448-4608 Ext. 39
 Mon-Thu 0630-1000, 1030-1330
 Fri 0630-1000, 1030-1330, 1700-2000
 Sat 0700-1330, 1700-2000
 Sun 0700-1030

SNACK BARS

HARBOR GRILL

Inside Naval Station Bowling Center • 473-2574
 Mon 0700-1330, 1700-2100
 Tue-Thu 0700-2100
 Fri 0700-2200
 Sat 0800-2200
 Sun 0830-1730

KAU KAU KORNER

Inside Hickam Bowling Center • 448-9959
 Mon-Thu 1000-2030
 Fri 1000-2200
 Sat 0900-2200
 Sun 0900-2030

MAMALA BAY SNACK BAR

At Mamala Bay Golf Course
 CLOSED UNTIL FURTHER NOTICE

PLANET SMOOTHIE

At the Hickam Fitness Center • 422-1145
 Mon-Fri 0700-1900
 Sat 0800-1400

Area code for JBPHH phone numbers is 808.

FAST FOOD

PIZZA HUT

At the Club Pearl Complex • 423-2222
 TEMPORARILY CLOSED

TACO BELL

At the Club Pearl Complex • 422-2274
 TEMPORARILY CLOSED

BARS

BREWS & CUES (NEW LOCATION / NEWLY RENOVATED)

Bldg. 1314, 915 North Road (Club Pearl Complex) • 473-1743
 Mon-Thu 1300-2300
 Fri 1300-0100
 Sat 1100-0100
 Sun 1100-2300

THE COUNTRY BAR (NEWLY RENOVATED)

Bldg. 1314, 915 North Road (Club Pearl Complex) • 473-1743
 Mon-Thu Closed
 Fri-Sat 2030-0200
 Sun Closed

KOA LOUNGE

At the Historic Hickam Officers' Club • 448-4608
 Wed 1600-2100
 Thu 1600-2200
 Fri 1600-2300

10th PUKA LOUNGE

At Ke'alahi Par 3 Golf Course • 448-9890
 Mon, Tue, Sun 1100-2230
 Wed-Sat 1100-2300

programs&services

AQUATICS

Arizona Pool (Ford Island) • 472-7582
 Open Swim (summer months):
 Mon-Fri 1300-1700
 Sat, Sun, Holidays 1200-1700
 Hickam Training Pool, Hickam Bldg. 1122 • 449-8274
 Mon-Fri 0500-0700; 1100-1300
 Sat, Sun, Holidays Closed
 Hickam Family Pool (Pool 2), Hickam Bldg. 425 • 448-2384
 Open Swim:
 Mon, Tue Closed
 Wed-Fri 1300-1700
 Sat, Sun 1200-1700
 Scott Pool, Pearl Harbor Bldg. 1511 • 473-0394
 Lap Swim:
 Mon-Fri 0500-0700, 1100-1300
 Mon-Thu 1700-1900
 Sat, Sun 1000-1200
 Open Swim:
 Mon-Wed, Fri 1300-1700
 Sat, Sun, Holidays 1200-1700
 Towers Pool (Makalapa) • 471-9723
 Lap Swim:
 Mon-Fri 1100-1300
 Open Swim:
 Sat, Sun 1200-1700

ARTS & CRAFTS CENTER

Hickam Bldg. 1889 • 448-9907
 Ceramics & Frame Shop
 Mon, Sun Closed
 Tue-Sat 0900-1700
 Engraving Shop
 Mon, Sat, Sun Closed
 Tue-Fri 0900-1700
 Gallery/Office
 Mon-Fri 0900-1700
 Sat, Sun Closed
 Sales Store
 Mon, Sun Closed
 Tue-Thu 1000-1800
 Fri, Sat 0900-1700

Wood Hobby Shop • 448-9911
 Mon Closed
 Tue-Thu 1300-1900
 Fri-Sun 1000-1700

AUTO SKILLS CENTERS

Flight Crew Motorcycle 422-6202, 548-8813
 Hickam ASC, Bldg. 4002 • 449-2554
 Mon, Sun Closed
 Tue-Fri 0700-1700
 Sat 0900-1700
 Hickam Car Wash • 449-2554
 Daily 0800-2000
 Moanalua ASC (off-base) • 471-9072
 Mon, Thu, Fri 1200-2000
 Sat, Sun 0900-1700
 Tue, Wed Closed
 Car Wash at Moanalua ASC • 471-9072
 Daily 0700-2000
 Towing Service • 449-2554

BOWLING CENTERS

Hickam Bldg. 1891 • 448-9959
 Mon, Tue, Thu 1100-2100
 Wed 1000-2100
 Fri 1000-2400
 Sat 0900-2400
 Sun 0900-2100
 Holidays 1200-1800
 Naval Station Bldg. 1736 • 473-2574
 Mon 1100-1330, 1700-2100
 Tue-Thu 1100-1330, 1700-2100
 Fri 1100-1330, 1700-2230
 Sat 0900-2230
 Sun 1100-1800
 Holidays Closed
 The Escape at Wahiawa Annex • 473-2651
 Fri 1900-2200

CHILD DEVELOPMENT CENTERS

Center Drive CDC • 471-1978
 Ford Island CDC • 472-0262
 Hickam/Harbor CDC • 448-0183
 Hickam/Main CDC • 449-9880

Hickam/West CDC • 449-5230
 Kids Cove • 421-0989
 Naval Station CDC • 473-2669
 Peltier CDC • 471-9336
 Wahiawa CDC • 653-5305

CHILD DEVELOPMENT HOMES PROGRAM OFFICE

530 Peltier, Bldg. 1925 • 471-8445
 Mon-Fri 0800-1700
 Sat, Sun Closed

FITNESS & SPORTS CENTERS

Family Fitness Center Bldg. 1681 • 471-2019
 Mon-Fri (unstaffed) 1000-1700
 Hickam Bldg. 1120 • 448-2214
 Mon-Fri 0430-2130
 Sat, Sun 0700-1700
 After-hours access available
 Holidays Closed
 JBPHH-Pearl Harbor Bldg. 1338 • 471-2019
 Mon-Fri 0400-2130
 Sat, Sun, Holidays 0700-1700
 Naval Station Gym Bldg. 667 • 473-2436
 Mon, Wed, Fri 0500-1730
 Tue, Thu 0500-1500
 Sat, Sun, Holidays Closed
 Wahiawa Annex Bldg. 446 • 653-5542
 Mon-Fri 0500-2100
 Sat, Sun 1200-1700
 Holidays 1000-1500
 Open 24 hours a day, 7 days a week (unstaffed):
 Ford Island Bldg. 55
 Kunia Bldg. 446
 Makalapa Bldg. 388
 West Loch Bldg. 621

GOLF COURSES

Barbers Point Golf Course, Essex Rd., Bldg. 2249 • 682-1911
 Daily Tee Times & Pro Shop
 Mon-Sun 0630-1830
 Driving Range
 Mon, Wed-Sun 0630-1800
 Tue 0930-1800

GOLF COURSES CONTINUED

Ke'alahi Par 3 Golf Course, Hickam Bldg. 2105 • 448-2318
 Mon, Wed–Sun 0630–2200
 Tue 0630–2100

Mamala Bay Golf Course, Hickam Bldg. 3571 • 449-2304
 Mon–Fri 0630–1800
 Sat, Sun (Holidays) 0615–1800

Pro Shop
 Mon–Fri 0630–1800
 Sat, Sun (Holidays) 0615–1800

Navy-Marine Golf Course
 Valkenburgh at Radford Drive • 471-0142
 Daily Tee Times 0700–1830

Pro Shop
 Mon–Sun 0630–1830
 Driving Range
 Mon–Wed, Fri–Sun 0630–2100
 Thu 1030–2100

HOUSING

Ohana Military Communities Family Housing • 474-1820, 839-8690
 Hickam Communities Family Housing • 448-0856, 423-7788
 Unaccompanied Housing • 473-5995

INFORMATION, TICKETS & TRAVEL

ITT-Barbers Point, White Plains Beach • 682-2019
 Mon–Sat 0900–1800
 Sun, Holidays 0900–1500

ITT-Fleet Store, Pearl Harbor • 473-0792
 Travel Connections-Pearl Harbor • 422-0139
 Mon–Fri 0900–1800
 Sat 0900–1600
 Sun, Holidays Closed

ITT-Hickam, Bldg. 1760 • 448-2295
 Mon–Fri 0900–1700
 Sat 0900–1300
 Sun, Holidays Closed

ITT-NEX Mall • 422-2757
 Travel Connections-NEX Mall • 422-4067
 Mon–Fri 0900–1800
 Sat 0900–1700
 Sun, Holidays 0900–1500

ITT-Wahiawa, Bldg. 551 • 564-4445, 564-4446
 Mon, Wed, Fri 1000–1600
 Tue, Thu, Sat, Sun, Holidays Closed

ITT Recreation Ticket Vehicle • 630–3080

INTRAMURAL SPORTS OFFICE

Pearl Harbor Bldg. 667 • 473-2494 or 473-2437
 Mon–Fri 0700–1530
 Sat, Sun Closed

LIBERTY CENTERS (SINGLE ACTIVE-DUTY E1–E6 ONLY)

Beeman Center (Naval Station) • 473-2583
 Daily 1000–2300
 Makai Center (Hickam) • 448-0418
 Daily 1500–2200
 Liberty Express (Wahiawa Annex) • 653-0220
 Mon–Sat 1500–2200
 Sun 1400–2100

LIBRARY

Hickam Bldg. 595 • 449-8299
 Mon, Wed, Fri, Sat 1000–1800
 Tue, Thu 1100–2000
 Sun, Holidays Closed

MARINAS

Hickam Harbor Marina, Bldg. 3455 • 449-5215
 Mon Closed
 Tue–Sun 0900–1700
 Rainbow Bay Marina, Bldg. 103 • 784-0167
 Mon Closed
 Tue–Sun 0900–1700

MILITARY & FAMILY SUPPORT CENTER

Hickam, 655 Vickers Ave. • 474-1999
 Tue–Thu 0800–1530 / Closed daily from 1100–1200
 Mon, Fri–Sun Closed
 Pearl Harbor, 4827 Bougainville Dr. • 474-1999
 Mon–Thu 0700–1630
 Fri 0700–1600
 Sat, Sun Closed
 Wahiawa Annex, Bldg. 392 • 474-1999
 Mon, Fri–Sun Closed
 Tue–Thu 0730–1600

MORALE, WELFARE & RECREATION (MWR) ADMIN

Bloch Arena • 473-0787
 Mon–Fri 0800–1630
 Sat, Sun Closed

MOVIES

Sharkey Theater, Pearl Harbor • 473-0726
 Mon–Wed Closed
 Thu, Fri 1900 showtime
 Sat, Sun 1430, 1645 & 1900 showtimes

Memorial Theater, Hickam • 448-2297

NAVY GATEWAY INNS & SUITES

(Open 24 hours a day, 7 days a week)

Pearl Harbor Side of JBPHH • 808-800-2337
 Arizona Hall (Bldg. 1623)
 Hale Ali'i (Bldg. 1315)
 Lockwood Hall (Bldg. 662)
 Makalapa (Bldg. 372)

Hickam Side of JBPHH • 808-800-2330
 Royal Alaka'i (Bldg. 1153)

OUTDOOR RECREATION

Aikane Sport Fishing • 423-1113
 Dive Oahu, Pool 1 • 922-3483
 Hickam Beach (lifeguards on duty)/Surf Shack
 Fri–Sun 1000–1700
 Outdoor Adventure Center-Fleet Store • 473-1198
 Mon–Fri 0900–1800
 Sat 0900–1600
 Sun Closed
 Holidays Closed
 Outdoor Recreation-Hickam Harbor • 449-5215
 Mon, Holidays Closed
 Tue–Sun 0900–1700
 Skateboard Hangar • 448-4422
 Wentworth Tennis Center • 473-0610
 White Plains Beach/Surf Shack • 682-4925
 Daily 1000–1700

RENTALS

Barbers Point Beach Cottages • 682-3085
 Conference Centers • 472-0342
 Foster Point Pavilion • 449-5215
 Hickam Beach Cabanas • 449-5215
 Makai Recreation Center • 449-3354
 Pearl Party Patios • 473-1198

Outdoor Recreation Equipment Rentals:
 Hickam Beach • 449-5215
 Pearl Harbor • 473-1198
 White Plains Beach • 682-4925

Recreation & Party Equipment Rentals:
 Hickam Bldg. 1760 • 449-6870

YOUTH PROGRAMS

School-Age Care
 Catlin • 421-1556
 Hickam • 448-4396
 School Liaison Officer (K–12)
 4827 Bougainville Drive • 471-3662, 471-3673
 Mon–Fri 0800–1700
 Sat, Sun Closed

Teen Center (ages 13–18) • 448-1068

School year:
 Mon–Thu 1400–2000
 Fri 1400–2100

School vacations:
 Mon–Fri 1200–2000
 Weekends:
 Sat 1330–2130
 Sun Closed

Youth Sports & Fitness
 Office, Bloch Arena • 473-0789
 Mon–Fri 1100–1730
 Sat, Sun Closed
 Gymnastics, Pearl Harbor Bldg. 1680 • 422-2223

WOUNDED WARRIOR

Navy Wounded Warrior-Safe Harbor Program
 480 Central Avenue, Bldg. 1514 • 808-473-2444 Opt. 9, Ext. 4515
 Air Force Wounded Warrior Program
 800 Scott Circle Bldg 1113 • 808-448-0126
 Mon–Fri 0830–1230 / 1300–1700
 Sat, Sun Closed

naf jobs

NAF Human Resources 422-3784
 600 Main St., Bldg. 3456

Job Opportunities

Join our team and start working with the military in Hawaii. Search for civilian positions with our Fleet and Family Readiness organization. Our team includes great individuals who work in recreation and sports, child care, hotel and food service, and business positions.

Continuous Recruitment:

Child & Youth Program (CYP) Assistant
 CYP Cook
 CYP Food Service Worker

Cashier/Checker
 Club Operations Assistant
 Cook
 Food Service Worker
 Waiter/Waitress

Community Recreation Assistant
 Library Aide
 Motor Vehicle Operator (Tour Escort)
 Recreation Aide/Wood Shop
 Recreation Assistant/Auto Skills
 Recreation Assistant/Liberty Program
 Recreation Assistant/Lifeguard
 Recreation Assistant/Sailing

Automotive Worker
 Hotel Housekeeping
 Laundry Worker

How to Apply:

Obtain posted NAF job application at www.greatlifehawaii.com. Application and any required documents should be submitted to:

CNRH FFR

Attn: NAF Human Resources
 600 Main Street, Bldg. 3456
 Honolulu, HI 96818

or email to: NI_PRLH_N9HR.FCT@NAVY.MIL

or fax to: 808-422-3782

*Commander Navy Region Hawaii (CNRH)
 is an Equal Employment Opportunity
 Employer (EEOE)*

Summer Craft Camps

at the
Hickam Arts &
Crafts Center



**There's no limit to the beauty a child can create
when given some instruction and artistic freedom!**

**\$60 PER CHILD, PER SESSION (SUPPLIES INCLUDED)
SESSIONS RUN TUE-FRI FROM 10AM-12PM**

**May 29-Jun 1
Jun 5-8
Jun 12-15
Jun 19-22
Jun 26-29**

**Jul 10-13
Jul 17-20
Jul 24-27
Jul 31-Aug 3**



REGISTER ONLINE AT WWW.GREATLIFEHAWAII.COM

SEARCH: Arts & Crafts Registration QUESTIONS? Call 448-9907

335 Kuntz Ave, Bldg. 1889

Mother's Day

SUNDAY, MAY 13, 2018



BRUNCH BUFFET | 10AM - 3PM

\$32.95/ADULTS | \$16.95/KIDS 6-12 | KIDS 5 & UNDER FREE

Starters

Tropical Fruit Platter
Pasta Salad
Mixed Greens Salad w/ Champagne Vinaigrette

Breakfast Selections

Assorted Muffins
Macadamia Nut Pancakes
Hawaiian Sweet Bread French Toast
Traditional Eggs Benedict
Scrambled Eggs
Omelet station
Apple Wood Smoked Bacon
Pork Link Sausages
Country Fried Potatoes

Lunch Selections

Fresh Catch of the Day w/ Lemon Caper Butter Sauce
Honey Glazed Ham Carving Station
Teriyaki Chicken
Steamed White Rice

Dessert

Walnut Brownies
Key Lime Pie Squares
Hau pia w/ Toasted Coconut Flakes

*In honor of Mother's Day,
we would like to extend our
gratitude by providing a
complimentary glass of
champagne/sparkling cider
to all of our wonderful moms!*



DINNER SPECIAL 5PM - 8PM

Starters

Mixed Greens Salad with
Fresh Strawberries, Shaved
Parmesan and Champagne
Vinaigrette

Entrees

~ choose between ~

Petite Filet- 6 oz. Filet
Mignon, Mashed Potatoes,
Haricot Vert, and Red Wine
Demi-glacé.

Salmon- Seared Atlantic
Salmon, Caramelized Onion
Farro Risotto, and Arugula
Salad.

Dessert

Chocolate Lava Cake

\$29.95/per person

*Regular Dinner Menu
will also be available

***Reservation Required**

Contact us (808) 422-3002



WORK & PLAY AT JOINT BASE PEARL HARBOR-HICKAM

FILLING THESE AND MANY OTHER POSITIONS:

- Duty Managers
- Housekeeping
- Child Care
- Lifeguards
- Waitstaff
- Cashiers
- Chefs
- Summer Hires
- Outdoor Recreation
- Front Desk
- Custodian

GREAT BENEFITS

Full time employees enjoy:

- Great work environments
 - Retirement and 401 k benefits
 - Ability to utilize base amenities: World-class Fitness Facilities, Pools, Child Care, Rentals, Golf, Outdoor Adventure Activities, Bowling, On-base Special Events, and discounted Tickets & Travel.
 - Competitive hourly wages
 - Opportunities to advance locally and globally including potential transfer rights for select positions.
- Flexible hours
 - Paid Vacation and Sick leave
- Access to other bases

APPLY TODAY!

WWW.GREATLIFEHAWAII.COM/JOBS

WWW.USAJOBS.GOV

OR CALL 808.422.3784
FOR INFORMATION

