



JBPBH Military & Family Support Center
2026 Transition Assistance Program (TAP) & Employment Workshops/Events
(808) 474-1999 MFSC_TAP_Team@us.navy.mil



LOCATIONS: Moanalua (Main): 4827 Bougainville Dr. Honolulu. | Hickam (Satellite): 655 Vickers Ave. Hickam Bldg 1105

Suggested Timeline to Begin TAP: Separation (15-18 months) | Retirement (18-24 months)

TAP Mandatory Steps - IN ORDER:

Step #1: Initial Counseling (IC) - Contact Branch-Specific POC	Step #2: Pre-Separation Counseling (PSC) - 3-HR BRIEF
Step #3: TAP Classes & Tier Requirements --> Refer to Checklist	Step #4: Capstone - Walk-in Basis. Choose Date & Session.

Branch-Specific POC: USN=CCC/NC | USAF/USSF=MFSC Counselor --> POC will register SM for PSC, TAP and Tracks.

Pre-Separation Counseling (PSC): All Sessions 0900 - 1200 | Locations Differ

Initial Counseling Required - MUST Complete PSC Prior to Attending TAP Class.

MOANALUA:	28 JAN 29 JAN 12 FEB 26 FEB 11 MAR 25 MAR 09 APR 22 APR 06 MAY 20 MAY 03 JUN 17 JUN
	02 JUL 16 JUL 29 JUL 13 AUG 26 AUG 09 SEP 23 SEP 08 OCT 21 OCT 05 NOV 18 NOV 03 DEC 16 DEC
VIRTUAL:	14 JAN 11 FEB 12 MAR 08 APR 21 MAY 18 JUN 15 JUL 12 AUG 10 SEP 07 OCT 04 NOV 02 DEC
HICKAM:	15 JAN 25 FEB 26 MAR 23 APR 07 MAY 04 JUN 01 JUL 30 JUL 27 AUG 24 SEP 22 OCT 19 NOV 17 DEC

3-Day TAP Classes: Main Moanalua Location | 0800-1600 Mon-Wed

SEPARATION 3-DAY TAP: Less than 20 YEARS. Not Retiring.

05-07 JAN | 12-14 JAN | 26-28 JAN | 02-04 FEB | 09-11 FEB | 16-18 MAR | 23-25 MAR | 30 MAR-01 APR | 13-15 APR | 27-29 APR
 04-06 MAY | 08-10 JUN | 22-24 JUN | 29 JUN - 01 JUL | 06-08 JUL | 13-15 JUL | 20-22 JUL | 27-29 JUL | 03-05 AUG | 10-12 AUG | 31 AUG - 02 SEP
 14-16 SEP | 28-30 SEP | 05-07 OCT | 19-21 OCT | 02-04 NOV | 23-25 NOV | 30 NOV - 02 DEC | 07-09 DEC | 14-16 DEC | 21-23 DEC | 28-30 DEC

RETIREMENT 3-DAY TAP: 20 - 20+ Year / Medical Board

EXECUTIVE 3-DAY TAP: O-5+, W-5, E-9

12-14 JAN | 02-04 FEB | 09-11 MAR | 30 MAR - 01 APR | 20-22 APR
 11-13 MAY | 01-03 JUN | 22-24 JUN | 13-15 JUL | 03-05 AUG
 14-16 SEP | 05-07 OCT | 02-04 NOV | 07-09 DEC

One per person. Register 4 - 6 months in advance.
 05-07 JAN | 02-04 MAR | 11-13 MAY
 06-08 JUL | 21-23 SEP | 16-18 NOV

2-Day TAP Track Classes: Main Moanalua Location | Thu-Fri See Hours Specified.

DOL EMPLOYMENT WORKSHOP: 0800-1600

29-30 JAN | 12-13 FEB | 26-27 MAR | 30 APR - 01 MAY | 07-08 MAY | 25-26 JUN
 30-31 JUL | 20-21 AUG | 17-18 SEP | 08-09 OCT | 05-06 NOV | 17-18 DEC

MANAGING YOUR (MY) EDUCATION: 0800-1600

15-16 JAN | 05-06 FEB | 26-27 MAR | 23-24 APR | 07-08 MAY | 04-05 JUN
 16-17 JUL | 27-28 AUG | 24-25 SEP | 22-23 OCT | 19-20 NOV | 17-18 DEC

ENTREPRENEURSHIP - BOOTS 2 BUSINESS (B2B): 0900-1600

22-23 JAN | 19-20 FEB | 19-20 MAR | 02-03 APR | 14-15 MAY | 11-12 JUN
 23-24 JUL | 06-07 AUG | 03-04 SEP | 01-02 OCT | 19-20 NOV | 10-11 DEC

VOCATIONAL-CAREER & CREDENTIALING EXPLORATION (C2E): 0800-1600

08-09 JAN | 05-06 MAR | 04-05 JUN | 09-10 JUL | 17-18 SEP | 12-13 NOV

All Classes and Events Below Are Open For Walk-Ins. No Registration Required.

CAPSTONE EVENTS : Must be between 1 year and 90 days from discharge date. | Walk-in Basis

Session: 0800 & 1000. Sign-in 30 min early. Checklist clarifies requirements according to Tier level. Location Specific

Hickam	07 JAN 21 JAN 04 FEB 18 FEB 04 MAR 18 MAR 01 APR 15 APR 29 APR 13 MAY 27 MAY 10 JUN 24 JUN
	08 JUL 22 JUL 05 AUG 19 AUG 02 SEP 16 SEP 30 SEP 14 OCT 28 OCT 25 NOV 09 DEC 23 DEC
Main Moanalua	08 JAN 22 JAN 05 FEB 19 FEB 05 MAR 19 MAR 02 APR 16 APR 30 APR 14 MAY 28 MAY 11 JUN 25 JUN
	09 JUL 23 JUL 06 AUG 20 AUG 03 SEP 17 SEP 01 OCT 15 OCT 29 OCT 12 NOV 10 DEC

SKILLBRIDGE 101: MAIN LOCATION 1400-1500

22 JAN | 05 FEB | 05 MAR | 16 APR | 27 MAY | 25 JUN
 23 JUL | 06 AUG | 04 SEP | 29 OCT | 13 NOV | 03 DEC

SPOUSE TRANSITION SEMINAR

MAIN LOCATION 0800-1400
 13 FEB | 05 MAY | 14 AUG | 29 SEP

CCC/NC REFRESHER COURSE

MAIN MOANALUA LOCATION - 1300-1500
 20 JAN | 28 APR | 21 JUL | 20 OCT

SKILLBRIDGE EVENTS

MAIN LOCATION 1000-1400
 13 MAR | 11 SEP

TRANSITION RESOURCE FAIR

MAIN LOCATION 1000-1400
 29 MAY | 04 DEC

USAF/USSF WALK-IN INITIAL COUNSELING: HICKAM LOCATION 1200 - 1530 (Must be within one year of discharge)

13 JAN | 10 FEB | 10 MAR | 14 APR | 12 MAY | 09 JUN | 14 JUL | 11 AUG | 08 SEP | 13 OCT | 10 NOV | 08 DEC

EMPLOYMENT CLASSES ON OPPOSITE/NEXT PAGE

Updated 12/19/2025



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WALK-INS WELCOME. (Hybrid): Scan QR code for access information (IP): In Main MFSC Building

CLASS TIMES --> (AM): 0900 - 1100 | (PM): 1300 - 1500 | (EV): 1530 - 1730

ACING THE INTERVIEW

The resume got you the interview, but interview skills are key to landing the job! From interview techniques to answering questions and avoiding common pitfalls, this class will help you prepare for any scenario. Individual appointments for interview assistance are encouraged.

26 JAN - PM (HYBRID) | 24 FEB - PM (IP) | 25 MAR - EV (IP) | 09 APR - AM (IP) | 01 MAY - PM (IP) | 01 JUN - EV (IP)

28 JUL - AM (HYBRID) | 18 AUG - AM (HYBRID) | 03 SEP - EV (IP) | 02 OCT - AM (IP) | 02 NOV - PM (IP) | 22 DEC - EV (IP)

FEDERAL EMPLOYMENT: USAJOBS

This class focuses on the details and language found in the federal hiring process and USAJobs. We'll help you to understand the different preferences and hiring authorities as well as the application process. Please see Resume Writing Workshop, schedule an appointment, and/or email for resume assistance.

28 JAN - EV (IP) | 26 FEB - AM (IP) | 06 MAR - PM (HYBRID) | 06 APR - EV (IP) | 19 MAY - AM (IP) | 17 JUN - EV (IP)

10 JUL - AM (IP) | 07 AUG - AM (IP) | 14 SEP - PM (HYBRID) | 20 OCT - EV (IP) | 04 NOV - AM (IP) | 03 DEC - PM (IP)

INTRO TO RESUME WRITING

Your resume is your personal advertisement. Learn how to highlight yourself. We will cover each resume element in depth and give you practical tips for making yours stand out. Both civilian and federal resumes are discussed. Individual resume assistance available at end of class (time permitting) or via appointment or email.

20 JAN - PM (IP) | 25 FEB - EV (IP) | 12 MAR - AM (IP) | 17 APR - PM (IP) | 04 MAY - EV (IP) | 04 JUN - EV (IP)

15 JUL - PM (IP) | 06 AUG - EV (IP) | 25 SEP - AM (IP) | 05 OCT - PM (IP) | 17 NOV - EV (IP) | 02 DEC - AM (IP)

NAVIGATING HIGHER EDUCATION (NHE)

Explore aspects of choosing the right school and major, understand accreditation, and discover financing options tailored to your needs. This course, will empower you with knowledge needed to step towards advancing your education and career. We'll also set aside time to focus on helping you specifically with the FAFSA process, navigating your college applications, and brushing up your admissions essays. Bring your laptop, materials, and questions. We'll devote our time to helping you get these tasks handled so you can get into the school of your choice.

19 FEB - PM (IP) | 17 MAR - AM (IP) | 21 AUG - PM (IP) | 23 NOV - AM (IP)

NETWORKING & LINKEDIN

Participants will learn how networking can benefit you before, during, and after your employment search. You'll then how to optimize your professional LinkedIn profile.

09 JAN - PM (IP) | 09 FEB - EV (IP) | 16 MAR - AM (IP) | 15 APR - EV (IP) | 28 MAY - EV (IP) | 05 JUN - AM (HYBRID)

20 JUL - PM (IP) | 25 AUG - EV (IP) | 23 SEP - AM (IP) | 29 OCT - PM (IP) | 13 NOV - EV (IP) | 14 DEC - AM (IP)

READY, SET, HIRED! WORKSHOP - 1300-1600

Want help with getting ready for job fairs, career fairs, and hiring events in the future? We will help with advice on dressing professionally, resume writing, interview prep, 30-second pitches, and much more. It should be fun!

03 APR (IP) | 08 JUN (IP) | 02 OCT (IP)

RESUME WRITING WORKSHOP

Both civilian & federal resumes can be daunting to handle. Learn about the difference between the two with some hands-on assistance. Bring your laptop (laptops also available to borrow), a USAJobs listing, and your draft resume to learn how to optimize it for federal jobs. "Intro to Resume Writing" and "Federal Employment: USAJobs" are recommended prior to attending this workshop.

29 JAN - PM (IP) | 20 FEB - PM (IP) | 02 MAR - EV (IP) | 14 APR - AM (IP) | 27 MAY - EV (IP) | 25 JUN - EV (IP)

30 JUL - EV (IP) | 24 AUG - PM (IP) | 15 SEP - EV (IP) | 21 OCT - AM (IP) | 05 NOV - PM (IP) | 11 DEC - EV (IP)

SALARY NEGOTIATIONS

Arm yourself with knowledge and data-backed research so you can handle negotiations with confidence and clarity. We'll help you find necessary information and clarify the process.

12 JAN - EV (IP) | 17 FEB - AM (IP) | 04 MAR - EV (IP) | 24 APR - EV (IP) | 08 MAY - AM (IP) | 15 JUN - PM (HYBRID)

21 JUL - EV (IP) | 12 AUG - AM (IP) | 17 SEP - PM (IP) | 09 OCT - EV (IP) | 09 NOV - AM (IP) | 29 DEC - PM (HYBRID)

SCHEDULE SUBJECT TO CHANGE. SCAN QR CODE ABOVE OR EMAIL FOR VERIFICATION. Updated 12/19/2025