

The Kokua Bulletin

EFMP Exceptional
Family Member
Program

JUNE 2026

HAPPY JUNE TO OUR EFMP 'OHANA

As we welcome the summer season, I hope you're finding moments to enjoy the sunshine and ease into the months ahead. June also marks the beginning of Hurricane Season, and this is a timely reminder to review and update your Navy Family Accountability and Assessment System (NFAAS) information. Keeping your details current ensures your Exceptional Family Member (EFM) can receive the support they need during a hurricane or any unexpected emergency.

Taking a few minutes now to gather essential documents, medications, and any specialized supplies your EFM may require can make a meaningful difference in staying prepared and confident should a storm arise.

JBPHH remains committed to supporting our families through a wide range of services and classes, including employment readiness, relationship enrichment, parenting support, and more. To explore available programs or register for upcoming offerings, please visit greatlifehawaii.com.

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EFMP Overview

New to the Program? Have Questions? We're Here for You.

If you're just joining the EFMP community or want to better understand how the program supports your family, you're in the right place. EFMP is designed to walk alongside military families with special needs by offering:

- Collaboration between military and civilian agencies
- Coordinated support across medical, educational, and community systems
- Information & referral services to help you navigate resources with confidence

Our one-hour **EFMP Overview class** gives you a clear picture of what to expect after enrollment and how to access the services that can make a real difference for your 'ohana. This class is open to all branches and welcomes anyone seeking clarity, connection, or guidance.

When: First Wednesday of Every Month - 0900 to 1000

Where: Virtually & MFSC Classroom (2nd Floor)

Register: <https://jbphh.greatlifehawaii.com/support/military-family-support-center/mfsc-class-schedule-registration>



JBP HH EFMP Digital Digest

Digital Digest is your monthly guide to navigating the world of exceptional family support with confidence and clarity. **Each month**, the **JBP HH EFMP** team shares focused, meaningful topics straight to your inbox - content created specifically with our EFMP community in mind.

Our goal is to connect you with information, tools, and resources that truly support your unique needs and strengthen the well-being and empowerment of your entire 'ohana.

**This month's topic: Hurricane Preparedness-
What Families Need to Know**



Hurricane Preparedness: What Families Need to Know

As we move into hurricane season here on Oahu, this is a gentle reminder to take a few steps each week to keep your family safe and supported. A little preparation now can make a meaningful difference during an emergency.

Key Areas to Focus On:

- **Know Your Risk:** Check whether your home is in a flood or evacuation zone and sign up for local alerts such as HNL Alert.
- **Build a 14-Day Supply Kit:** Gather water, non-perishable food, flashlights, batteries, a first-aid kit, and other essentials your family may need.
- **Medications & Important Documents:** Keep prescriptions, medical information, and vital documents stored safely in waterproof containers.
- **Family Communication Plan:** Establish meeting points, identify nearby shelters, and choose an out-of-state contact for emergencies.
- **Prepare Go Bags:** Pack individual bags with clothing, hygiene items, and comfort items tailored to each family member's needs.
- **Protect Your Home:** Secure outdoor items, trim trees, and consider window protection to reduce storm damage.
- **Support for Pets & EFMs:** Ensure pets have food, water, and records ready. Gather any specialized supplies or equipment your EFM may require.
- **Review Insurance:** Look over your home or renter's insurance and consider flood insurance if needed.

Taking these steps gradually can help your family feel more confident and prepared throughout the season.

EFMP & Me Tool

EFMP & ME

Navigate services

- From navigating health coverage to planning for a move, from child care to elder care, you'll have the information you need at your fingertips.

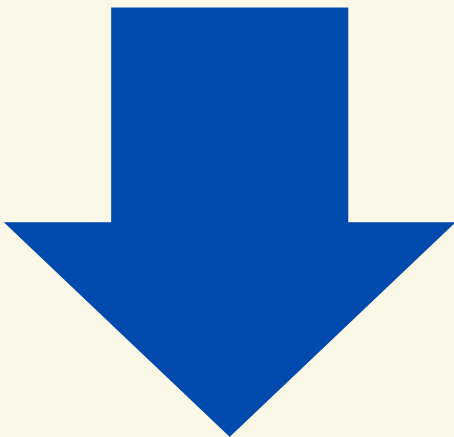
Connect with resources

- The customized checklists will guide you to local and virtual support and direct you to who and what you need to know as you navigate military life.

Advocate for yourself

- The best way to advocate for yourself or your loved one is to "be in the know." Use EFMP & Me to stay on top of the latest news and updates, expand your connections and know the questions to ask to find the answers you need.

Create an account and access *EFMP & Me* at:
<https://efmpandme.militaryonesource.mil/>



*****INTERACTING WITH THIS TOOL DOES NOT ENROLL YOU IN
OR DISENROLL YOU FROM EFMP.**

Respite Care

As a parent, caregiver or guardian of a person with special needs, it is important to ensure that you make time to care for yourself as well. Respite care provides short-term relief for primary caregivers and has flexible options. Care may be provided in the home, a facility, or adult day center. Other optional locations are schools, camps, or a volunteer agency.

If eligible, EFMP families may access respite care for children through **Child Care Aware**.

Air Force families may contact Meesha Williams, EFMP Family Support Coordinator, at 808-789-7327.

Respite options for **adults with special needs** may be accessed through State programs or non-profit agencies. Payment assistance options can include Tricare Extended Health Care Option (ECHO) or Medicaid Waivers.

For more information:

ARCH National Respite Locator

Child Care Aware - Respite





EFMP Family Support

EFMP Respite Care

AVAILABLE FOR ELIGIBLE
NAVY FAMILIES

Sailors enrolled in the Exceptional Family Member Program (EFMP) may qualify for respite care, either 20 or 32 hours per month, for their eligible dependent children at no cost.



AVAILABLE IN THE U.S.

ELIGIBILITY REQUIREMENTS

- The Sailor is active duty or a reservist on active-duty orders. The EFM(s)
- (birth through 18 years) resides with the Sailor.
- The EFMP enrollment letter will state how many hours the Sailor is eligible to receive.

Respite care is provided by well-trained and background screened providers throughout the United States.



**20 or 32 HOURS FREE
PER MONTH**

Sponsors with an EFM designated as Level of Need 3 are eligible for 20 hours per month. Sponsors with an EFM designated as a Level of Need 4 are eligible for 32 hours per month.



FOR MORE INFORMATION

**Call 800-424-2246 x317 or
visit www.childcareaware.org**

Oahu Events

June 6 - Sensory Swim Saturday - (First Saturday of Every Month) – Hickam Family Pool – Honolulu, Hawaii

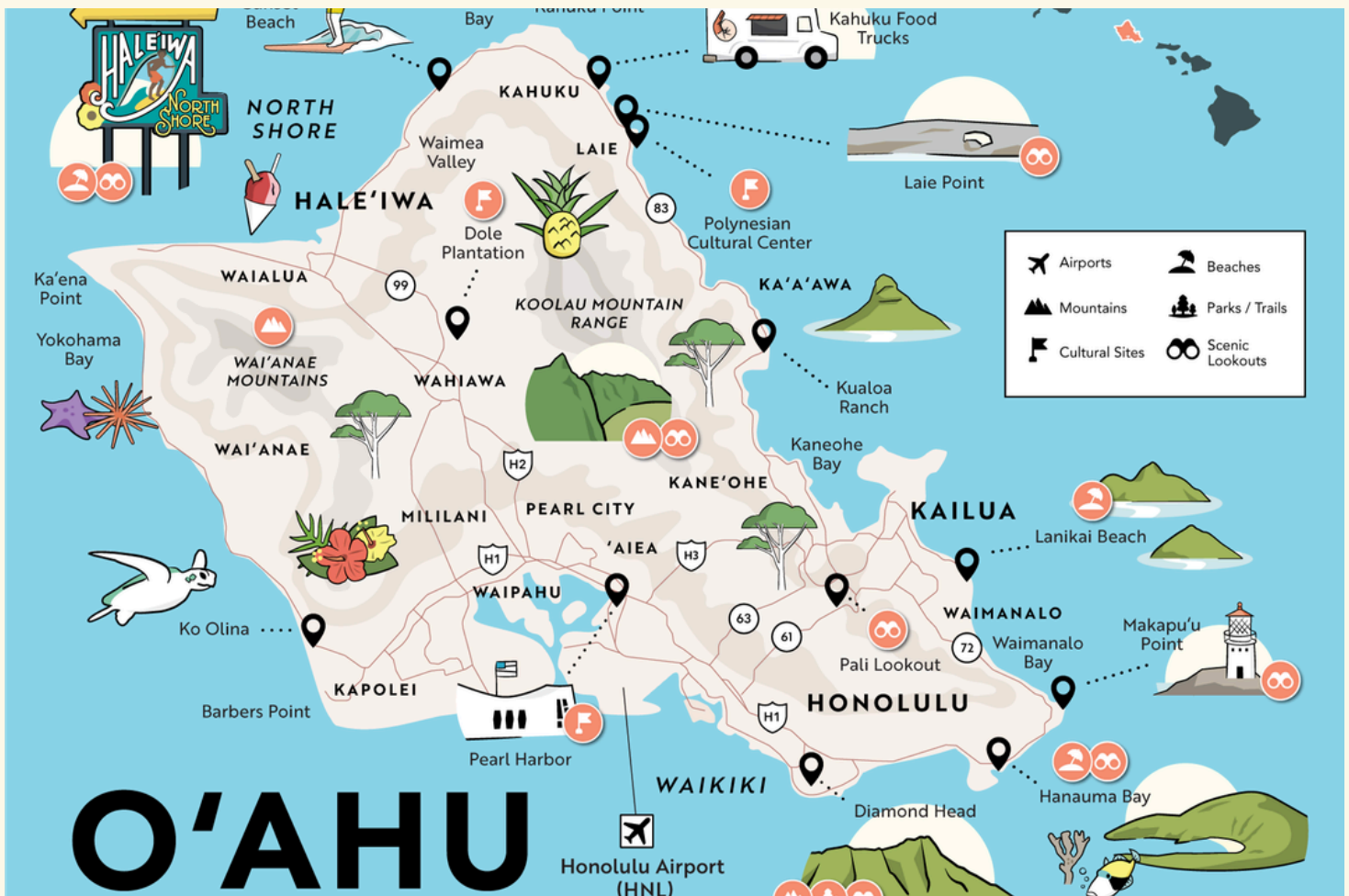
June 6 & 20 - NEX: Pet Adoptions (1st and 3rd Saturday of Every Month) – Navy Exchange Events- Honolulu, Hawaii

June 10 - Me & Dad Picture Day - Kailua, Hawaii

June 11 - 5 Love Languages – Kaneohe Bay, Hawaii

June 12-14 - The 43rd Pan-Festival - Will be held at multiple venues spanning from the Ala Moana Center to Waikiki

June 13 - Kamehameha Day Parade - Honolulu, Hawaii



4TH ANNUAL EVENT

**MILITARY & FAMILY SUPPORT CENTER'S
EXCEPTIONAL FAMILY MEMBER PROGRAM**



06 JUNE 2026

9:00 AM - 12:00 PM

**SENSATIONAL
SUMMER
CELEBRATION**

MILITARY & FAMILY SUPPORT CENTER

4827 BOUGAINVILLE DRIVE



HONOLULU, HI 96818

(808) 474-1999

MFSCHAWAII@US.NAVY.MIL

***SPONSORED BY THE MFSC IN PARTNERSHIP WITH LOCAL COMMUNITY AGENCIES*
OPEN TO ALL CAC ID CARDHOLDERS & THEIR SPONSORED GUESTS. EVENT SCHEDULE IS
SUBJECT TO CHANGE WITHOUT NOTICE.**



 **JBPHH.MFSC**
 **JBPHH_MFSC**

EFMP Exceptional Family Member Program



Come Join Us!

PET ADOPTIONS



10AM - 2PM

1st & 3rd SATURDAY
OF EVERY MONTH



with OAHU SPCA

March 7 & 20 April 4 & 18

May 2 & 16 June 6 & 20

**LOCATED 2nd FLOOR, PET DEPT
ACROSS SPORTING GOODS**

Open to all DoD ID Cardholders.



FORT SHAFTER LIBRARY HOMESCHOOL Hangout



Every Monday
10 a.m.-2 p.m.
(Except on Federal Holidays)

We have the space for your homeschool socializing needs. Enjoy our books, board games, blocks, puzzles, and much more.

Activities are self-led



Want to learn more about the library? We can do that too. Library orientations can be scheduled; please speak with our Library staff.

For more information, call Fort Shafter Library at (808) 438-9521 or scan the QR Code!



181 Chapple Rd.
Bldg. 650,
Fort Shafter,
96858

Monday-Thursday
10 a.m.-5 p.m.
Friday-Saturday
10 a.m.-3 p.m.



*Events subject to change; check ARMY HAWAII LIBRARIES Facebook Page for the latest information.



HiMWR.com or MWR HAWAII





Sensory Storytime



Sensory Storytime with the Base Library and EFMP is a gentle, welcoming environment where kids can enjoy stories, songs, and activities tailored to their sensory needs.

Every 3rd Wednesday of Each Month

Library Classroom 106

10:00-11:00 AM

Ages 0-5

Must have base access

MARINE & Family
Library Program

EFMP Exceptional Family Member Program





JB Pearl Harbor-Hickam Education Fair

JOIN US TO GET YOUR EDUCATION STARTED!

Date: **THURSDAY, 25 JUN 2026**

Time: 1000-1400

Location: KONA WINDS PARADISE ROOM

915 NORTH RD BLDG 1314

POC: CSC JOHNNIE MEWBORN 803-473-1663



TA benefit will cover:

\$250 per Semester hour

18 Semester hours per FY

Associate's degree

Bachelor's degree

Master's degree

Certificate up to 15 Semester hours

Contact Navy College at: 833-330-6622 Option 4, Option 1 or
www.navycollege.navy.mil



EFMP'S

2535 Waianae Uka Ave
Wahiawa, 96786
*Registration **NOT** required*

27 June
2026

10 AM
TO
2 PM



A Day Full of Fun

Games, Crafts, Relay Races, Sensory-Friendly Activities,
and more!

FOR MORE INFO: Call (808) 787-4227 for more details



EFMP Family Support



Resources

Please click on each title to access the available websites.

Family

- [Hawaii Ohana Support Network](#)

School

- [JBPHH School Liaison Officer](#)
Contact Number: 808-306-9247
Email: jbphhslo@us.navy.mil
- [Hawaii Family Engagement Center](#)
- [Hawaii Afterschool Alliance](#)

Community

- [Special Parent Information Network](#)
- [Military One Source](#)

Resource Highlights

- [Paralyzed Veterans Association](#)
- [Amputee Coalition](#)
- [Parkinson's Foundation](#)
- [Autism Speaks](#)



MFSC Classes

YOUR MFSC PERSONAL & FAMILY LIFE EDUCATION TEAM OFFERS A VARIETY OF LIFE SKILLS CLASSES!

Topics Include:

Parenting Classes

Personal Growth

Communication

Interpersonal Relationships

Navigating the work Force

and many more!

TO REGISTER:

jbphh.greatlifehawaii.com/support



EFMP Support Group

Anchored Together is our ongoing peer-support space for EFMP parents and caregivers—a gentle place to connect, share, and feel supported by others who understand the unique journey of raising exceptional family members. While you gather, your keiki can enjoy safe, open play at the Hickam Field of Dreams Playground.

This is a relaxed, come-as-you-are space where families can build meaningful connections and find strength in their community. **No registration needed.** Bring snacks, sunscreen, water—whatever helps you and your child feel comfortable.

Please see the flyer attached next for full details.





EFMP

**EXCEPTIONAL
FAMILY MEMBER
PROGRAM**

ANCHORED TOGETHER

JOIN US FOR FUN, CONNECTION, AND SUPPORT! THIS EVENT IS DESIGNED TO GIVE CHILDREN A CHANCE TO PLAY IN AN ALL ABILITIES ENVIRONMENT, WHILE OFFERING CAREGIVERS THE OPPORTUNITY TO CONNECT, SHARE RESOURCES, AND SUPPORT ONE ANOTHER.

WHEN:

**LAST WEDNESDAY OF THE
MONTH AT 1400**

WHERE:

**HICKAM FIELD OF DREAMS
250 WORTHINGTON AVE**

**efmp-cnrh@us.navy.mil
808-474-1999**



[jbphh_mfsc](https://www.instagram.com/jbphh_mfsc)



[jbphh.mfsc](https://www.facebook.com/jbphh.mfsc)



Revised: JANUARY 2026



EFMP

FAMILY STRENGTHENING SERIES

**3RD THURSDAY OF
MAR | JUN | SEP | DEC**

**9:00 AM - 10:30 AM
VIRTUAL CLASSES**

2026

Join us for our virtual series designed to support our military families with exceptional members. This is a wonderful opportunity to connect with organizations that provide resources and support to our community.



WHAT TO EXPECT:

- Guest speakers from 3 different organizations
- Valuable information for services and support available
- Connect with other families and build and network of support and community



808-474-1999

efmp-cnrh@us.navy.mil



jbphh.mfsc



jbphh_mfsc



EFMP Contacts

NAVY EFMP TEAM

(808) 474-1999

EFMP-CNRH@US.NAVY.MIL

MILITARY AND FAMILY SUPPORT CENTER

4827 BOUGAINVILLE DRIVE

HONOLULU, HI 96818

*ALL NAVY EFMP QUESTIONS ARE SENT HERE

NIDA LALAU

MTFC (MILITARY TREATMENT FACILITY COORDINATOR)

(808) 473-2444 OPT. 9, EXT. 4525

NIDA.O.LALAU.CTR@HEALTH.MIL

NAVY/SMART CLINIC

1253 MAKALAPA RD

JBPHH, HI 96853

*COMPLETED DD 2792 FORMS ARE SENT HERE FOR
REVIEW/SUBMISSION

OVERSEAS SCREENING FLEET LIAISON

PATIENT ADMINISTRATION

(808) 473-2444 OPT. 9, EXT: 4514, 4524 OR 4526

USN.JBPHH.NAVHLTHCLINPEARLHI.LIST.NHCH-FLEET-

LIAISON@HEALTH.MIL

MEDICAL READINESS CLINIC

1514 MAKALAPA DR.

JBPHH, HI 96853

***OVERSEAS SCREENING**

SCHOOL LIAISON

(808) 306-9247

JBPHHSLO@US.NAVY.MIL

SCHOOL LIAISON OFFICE

530 PELTIER AVE. BLDG. 1925

HONOLULU, HI 96818

*IEP/504 QUESTIONS, SPECIFIC SCHOOL AND EDUCATIONAL
REQUIREMENT QUESTIONS

