## INDIVIDUAL TRANSITION PLAN

**Transition Assistance Program**

**NAME:**  **INSTALLATION:**

**WORK EMAIL: PERSONAL EMAIL:**

**DATE OF SEPARATION:** **WORK PHONE: CELL:**

**RET/SEP: BRANCH:**  **CHARACTER OF DISCHARGE:**

**TRANSITION DATES:**

Anticipated End of Service (EAOS/Retirement/Resignation) Date:

Anticipated Terminal Leave Date (if known): Terminal Leave Start Date

**Step 1**: Initial Counseling Due Date (EOS date - NLT 365 days): Completion Date

**Step 2**: Pre-Sep Counseling Due Date (EOS date - NLT 365 days): Completion Date

**Step 3**: Transition Assistance Program (TAP) Class Date: Completion Date

**Step 4**: Capstone Review Due Date (EOS date - NLT 90 days): Completion Date

**Step 5**: Commander/Designee Verification Due Date (EOS date - NLT 90 days): Completion Date

**Throughout the transition process, there are Career Readiness Standards (CRS) that you are required to meet. CRSs tangibly measure Service member’s preparation for entry into a civilian career, higher education, and/or vocational training. During the Capstone review, a Service member’s ITP, CRS deliverables pertaining to the member’s personal goals and DD Form 2648 will be checked to identify gaps and determine if the member is at risk of not meeting the CRS before separation, retirement, or release from active duty.**

**specific career path.**

**PAY GRADE & MOS/DESIGNATOR TITLE**:

Write the career field you wish to pursue based on your personal, family, and financial obligations and desires

**My desired career field:**

**My desired relocation destination:**

**SELECT YOUR ASSIGNED TIER LEVEL: I  II  III**

**CAREER TRACK** **(check one or more career goal)**

|  |  |
| --- | --- |
| **Employment**  Seeking immediate employment | **Education**  In need of additional courses |
| **Entrepreneurship**  Wanting to start your own business | **Vocational**  Need additional technical training |

**CAREER READINESS STANDARDS**

* Initial Self-Assessment /ITP
* Attend Career Track (if not exempted)
* Register for VA Benefits and Services
* Continue Military Service Opportunity Reserve Component
* GAP Analysis or Verification of Employment
* 12-month post separation projected budget
* Draft Resume or Verification of Employment (as required based on selected Track)
* Comparison of Technical Institutions ( as required based on selected Track)
* Comparison of College/University (as required based on selected Track)

**INDIVIDUAL/FAMILY INSURANCE CONSIDERATIONS**

1. Have you visited www.healthcare.gov to evaluate the cost of health insurance?  Yes  No

2. Have you explored options for Life Insurance and/or Survivor Benefit Plan?  Yes  No

3. Have you visited MilitaryOneSource, VA Vet Centers or DoD in Transition Program for information on confidential mental health Services?  Yes  No

**POST-TRANSITION HOUSING AND RELOCATION CONSIDERATIONS**

1. Have you considered using one or more cost of living calculators, such as those provided by bankrate.com, payscale.com, nerdwallet.com, and/or moving.com?  Yes  No

2. Did you know the installation transportation office can provide information about the movement and storage of your household goods?  Yes  No

3. Have you visited the VA website to get information on the VA home loan program?  Yes  No

**POST-TRANSITION TRANSPORTATION CONSIDERATIONS**

1. Will you have reliable transportation to/from your place of employment and/or school?  Yes  No

2. Have you reviewed your vehicle payment, insurance, registration, and taxes?  Yes  No

3. Is there a need to purchase a new vehicle for you or spouse/dependents?  Yes  No

4. If you are disabled, have you determined if you are eligible for assistance in purchasing a vehicle and/or automotive adaptive equipment by visiting the VA’s website?  Yes  No

**COMMUNITY RESOURCES AND PEER-TO-PEER SUPPORT**

1. Have you visited Military One Source for peer-to-peer specialty consultations to discuss personal or career aspirations or challenges of military life?  Yes  No

**CRITERION-BASED FINANCIAL PLAN FOR MILITARY TO CIVILIAN TRANSITION**

1. Are you aware you can order your free FICO score from your installation PFM staff?  Yes  No

2. Have you examined your tax status with regard to taxable income?  Yes  No

3. Do you have an up-to-date will and/or power of attorney?  Yes  No

4. Do you need additional assistance to prepare for finances post-transition?  Yes  No

**VETERAN AFFAIRS BENEFITS AND SERVICES**

Register for an eBenefits DS Logon Premium Account for access to personalized benefits and information that allows you to log in to multiple VA and DoD websites and apps using a username and password <http://www.benefits.va.gov>

**Date completed**:

**BENEFITS OF THE RESERVE COMPONENT/INTER-SERVICE TRANSFER**

Attend the Reserve Opportunities and Obligations Brief, to evaluate the benefits of joining the Reserve Component, if applicable. RC service may be mandatory based on your years of service.

**Date completed**:

**VERIFICATION OF MILITARY EXPERIENCE AND TRAINING (VMET)**

Your VMET (DD Form 2586), provides an overview of your military experience and training. You can use this document along with your DD Form 214, evaluation records, training certificates, awards, transcripts, and other documentation to complete a resume, a job application, identify credit recommendations from the American Council of Education (ACE), and possible certification/waiver of apprenticeship requirements.

**JOINT SERVICES TRANSCRIPT (JST)/COMMUNITY COLLEGE OF THE AF (CCAF)**

The Joint Service Transcript (Navy) is an academically accepted document approved by ACE to validate your military occupational experience. The JST also includes military courses you completed, descriptions of military occupations, and college test scores. The CCAF transcript (Air Force) documents credits attained from the Community College of the Air Force.

JST: <https://jst.doded.mil> CCAF: <https://www.airuniversity.af.edu/Barnes/CCAF/>

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