

# **Deployment Readiness Newsletter**

Military & Family Support Center - Joint Base Pearl Harbor - Hickam 808-474-1999 www.facebook.com/JBPHH.MFSC www.greatlifehawaii.com

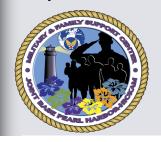
#### November 2017



- December 14th— Ballet Hawaii presents "The Nutcracker" @ the Blaisdell Concert Hall.
- December 19th— Story Time with Santa @ the JBPHH Library from 1700—1900.

Mark your calen-

dar for the next
Deployment Resource FairJanuary 17th— @
MFSC Pearl Harbor
from 1200—1400.
All are welcome in
order to obtain information about
deployment support services from
community agencies and MFSC
staff. Children always welcome!



#### **Recent Events and More to Come!**

The holidays can be an especially challenging time for military families stationed far away from extended families members but even more so for deployed families. Honoring traditions can be a very meaningful experience but can also be challenging when traditional supplies are difficult to find on a tropical island. Be prepared to improvise, let yourself off the hook and even make new traditions! You may also experience a range of emotions during this time. Self-care is particularly critical. The MFSC has numerous life skills classes and counseling available for adults and children affected by deployment. If you feel isolated don't be afraid to reach out, talk about your feelings, and ask for help when needed. We are here for you!



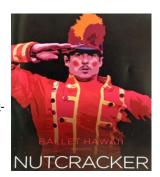
## OPERATION SANTA



For the first time in history, the Battleship Missouri Memorial, along with four other military memorials around the country, will host the "Operation Santa" overnight encampment event for children of deployed service members. Each child must have a parent/guardian present throughout the event. This exciting event is being offered to families where one parent is deployed during the event (December 16—17).

### The Nutcracker is Back Again!

As part of their Angel Program, Ballet Hawaii presents a uniquely Hawaiian version of the holiday favorite, "The Nutcracker" at the Blaisdell Concert Hall on December 14th starting at 1830 complimentary for families of deployed service members. Contact us for more information.





Join us for Story Time with Santa at the JBPHH Library on December 19th from 1700—1900. Arts and Crafts and refreshments will be available and you can enjoy a visit with Santa! All are welcome.