The Kokua Bulletin



JUNE 2025

ALOHA EFMP 'OHANA!

Happy June EFMP families! Get your sunscreen on and get ready for summer. June marks the beginning of Hurricane Season. Make sure you update your NFAAS information so your EFM's needs can be supported in the event of a Hurricane or any other emergency situation. Be prepared by having important information, medication and supplies that your EFM will need to endure a hurricane emergency.

JBPHH offers continuous support with a range of services and classes that assist with employment readiness, relationships, parenting, family support and more. For a full menu of options and to register, check out our website at greatlifehawaii.com!

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HURRICANE PREPAREDNESS



EFMP Overview

New to the Program? Do you have more Questions? Learn more about how the EFMP can assist your family. EFMP is an assignment tool that provides support to military families with special needs, such as:

- Collaboration between military & civilian agencies for personnel support
- Coordination of medical, educational & community support
- Information & Referral services

The one-hour long class provides a brief overview of the EFMP, specific to JBPHH. Come learn about what to expect after the initial enrollment process and the next steps to obtain services and resources in support of your family. Open to **ALL** branches.

When: First Wednesday of Every Month (June 4, 2025) at 9:00 a.m.

Where: Virtually & In-Person at the MFSC

Register: https://jbphh.greatlifehawaii.com/support/military-

family-support-center/exceptional-family-member-program-efmp





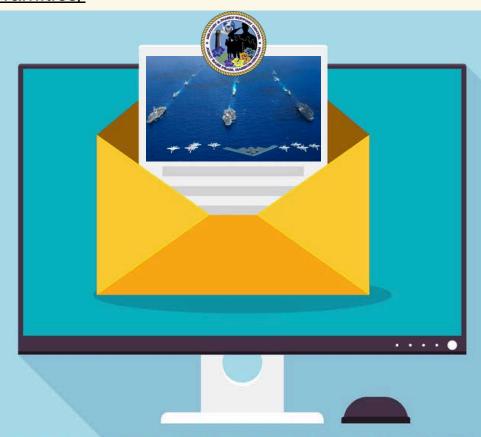
JBPHH EFMP Digital Digest

We are excited to introduce a new *digital* format that aims to empower and assist in navigating the world of exceptional family support. Our aim is to connect you with information & resources that cater to your unique needs and serve as valuable assets in the well-being and empowerment of your family members.

This month's topic: Deployment Support.

Military OneSource offers free, around-the-clock support to help military families navigate all stages of deployment. Resources include pre-deployment planning, confidential counseling, parenting support, and tips for staying connected during separation. Families also receive guidance for a smooth reintegration when service members return home, helping them stay resilient throughout the entire process.

https://www.militaryonesource.mil/deployment/pre-deployment/deployment-resources-for-families/



Exceptional Family Member Program

Sensational Summer ** Sensory Event





3RD ANNUAL EVENT!







Invigorate your child's senses with a day of sensory fun!

June 7 9:00 am - 1:00 pm

Sponsored by the MFSC in partnership with local community agencies

Open to all DoD ID cardholders & their sponsored guests.

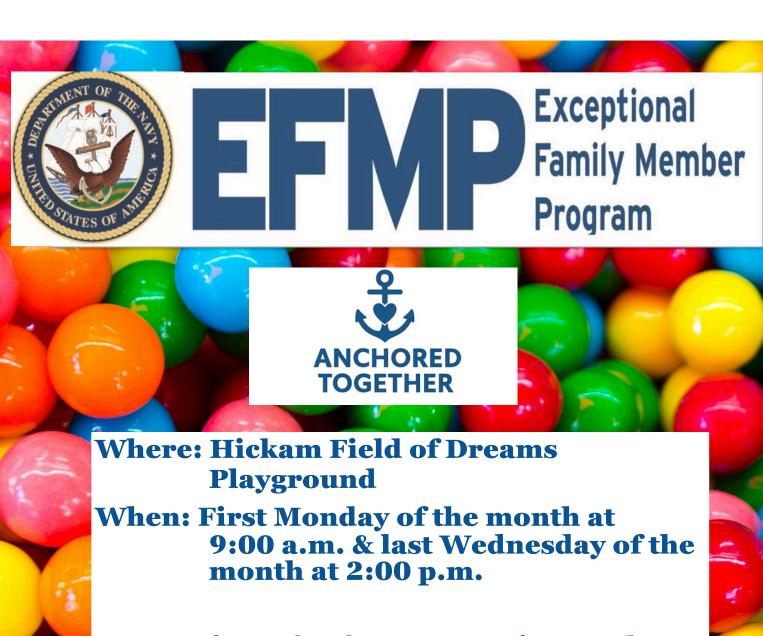
Event schedule is subject to change without notice.



Military & Family Support Center 4827 Bougainville Drive Honolulu, HI 96818 808-474-1999 | mfschawaii@us.navy.mil



Exceptional Family Member



Join us for fun, connection, and support! This event is designed to give children a chance to play in an all abilities environment, while offering caregivers the opportunity to connect, share resources, and support one another.

Questions can be directed to Family Support EFMP at (808) 474-1999 or efmp-cnrh@us.navy.mil

Respite Care

As a parent, caregiver or guardian of a person with special needs, it is important to ensure that you make time to care for yourself as well. Respite care provides short-term relief for primary caregivers and has flexible options. Care may be provided in the home, a facility, or adult day center. Other optional locations are schools, camps or a volunteer agency.

If eligible, Navy EFMP families may access respite care for children through Child Care Aware. Air Force families may contact Meesha Williams, EFMP Family Support Coordinator, at 808-449-0309.

Respite options for adults with special needs may be accessed through State programs or non-profit agencies. Payment assistance options can include Tricare Extended Health Care Option (ECHO) or Medicaid Waivers.

For more information:

ARCH National Respite Locator:

https://archrespite.org/caregiver-resources/respitelocator/

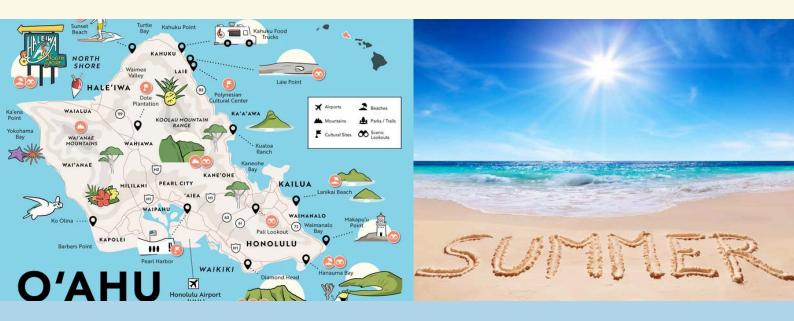
Child Care Aware:

https://www.childcareaware.org/fee-assistancerespite/



Oahu Events

- JUNE 2: <u>ANCHORED TOGETHER EFMP SUPPORT</u> <u>GROUP</u> (HICKAM FIELD OF DREAMS PLAYGROUND)
- JUNE 7: <u>EFMP SENSATIONAL SUMMER SENSORY</u> <u>EVENT</u> (MILITARY & FAMILY SUPPORT CENTER)
- JUNE 13-15: THE PAN-PACIFIC FESTIVAL (WAIKIKI)
- JUNE 13: KING KAMEHAMEHA STATUE LEI DRAPING (ALI'IŌLANI HALE)
- JUNE 14: KING KAMEHAMEHA CELEBRATION FLORAL PARADE ('IOLANI PALACE TO KAPI'OLANI PARK)
- JUNE 14: ARMY EFMP FAMILY FIELD DAY (SCHOFIELD BARRACKS)
- JUNE 25: <u>ANCHORED TOGETHER EFMP SUPPORT</u> <u>GROUP</u> (HICKAM FIELD OF DREAMS PLAYGROUND)





GADGET GALAXY 8-1

ATRC'S ASSISTIVE TECHNOLOGY CAMP





JOIN US TO EXPLORE AT, HAVE FUN AND MAKE NEW FRIENDS!





REGISTER ONLINE.

HTTPS: | FORMS.OFFICE.COM/R/WMKMKBUTZA



ACTIVITIES:

IPAD ACTIVITIES ADAPTED ART ORBEEZ STRESS BALLS SCRATCH PROGRAMMING AND MUCH MORE!

INFO@ATRC.ORG 808-532-7110

Resources

Family

• Hawaii Ohana Support Network: https://www.hawaiiohanasupportnetwork.org/



School

- JBPHH School Liaison Officer: 808-306-9247 https://jbphh.greatlifehawaii.com/family/school-liaison-office Email: jbphhslo@navy.mil
- Hawaii Family Engagement Center: https://cds.coe.hawaii.edu/hfec/
- Hawaii Afterschool Alliance: https://www.hawaiiafterschoolalliance.org/

Community

- Special Parent Information Network: https://spinhawaii.org/
- Military One Source: https://www.militaryonesource.mil/

Monthly Resource Highlight

- https://www.ptsd.va.gov/understand/awareness/index.asp#:~:text=Jun e%20is%20PTSD%20Awareness%20Month.
- https://www.alz.org/hawaii
- https://dravetfoundation.org/what-is-dravet-syndrome/



MFSC Classes

YOUR MFSC PERSONAL & FAMILY LIFE EDUCATION TEAM OFFERS A VARIETY OF LIFE SKILLS CLASSES! Topics Include:

Mind Body Mental Fitness: Stress Resilience
Parenting
Personal Growth
Anger Management
Communication
Managing Grief & Loss
Interpersonal Relationships
And many more!

TO REGISTER: jbphh.greatlifehawaii.com/support









Navy EFMP Contacts

Navy EFMP Team

(808) 474-1999
efmp-cnrh@us.navy.mil
Military and Family Support Center
4827 Bougainville Drive
Honolulu, HI 96818

Nida LaLau

MTFC (Military Treatment Facility Coordinator)
(808) 473-2444 Opt. 9, EXT. 4525
nida.o.lalau.ctr@health.mil
Navy/SMART Clinic
1253 Makalapa Rd
JBPHH, HI 96853

*Completed DD 2792 forms are sent here for review/submission

Overseas Screening Fleet Liaison Patient Administration

Cherise Yamasaki/Kimberly Meyer

School Liaisons
(808) 306-9247
JBPHHSLO@us.navy.mil
School Liaison Office
530 Peltier Ave. Bldg. 1925
Honolulu, HI 96818

*IEP/504 questions, specific school and educational requirement questions

