

**FEB 1
THRU
MAR 29**

Register now for the JBPHH Duathlon. The challenge: swim 500 meters at Hickam Beach, run a 5k, then swim another 500 meters. Event takes place Apr 4. Visit the Hickam Memorial Fitness Center or call 808-448-2214 for more information.

**FEB
1-28**

Parents, **sign your child up for USA Track.** Running is one of the quickest ways to show your youth the path to fitness. Get them started in a fun atmosphere. Practice begins on Apr 28 and the fee is \$60 for ages 7 and up. Visit the Youth Sports office or call 808-473-0789 for more information.

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A quick guide to what's going on with MWR, CYP and MFSC.

FEB SUPER SWIM 2026

2-7 MWR Aquatics is bringing its own big game with Super Swim 2026 at Scott Pool. Pick which team you will cheer for on Feb 8, then swim as many yards as you can leading up to the game. The team with the most combined yards wins bragging rights for the year. Call 808-473-0394 for more information.



FEB Watch the biggest day in football at **Tradewinds' Big Game Watch Party!** And **8** what's a watch party without food and beverage specials and plenty of gameday spirit? All ages are welcome, so bring the whole family! Seating on a first come, first served basis. For more information, call 808-449-7144.

FEB Start putting together your roster! **Coaches meeting for Intramural Softball**

11 **League** takes place at 1 p.m. in the JBPHH Fitness Center Training Room. This league is FREE and open to commands of JBPHH only. League begins Mar 13. Call 808-473-2494 or 808-473-1921 for more information.

FEB VALENTINE'S GLOW GOLF

13 Hearts are aglow and so is our golf course for Valentine's Glow Golf! Spend a romantic evening on the green, illuminated by glow sticks and the guiding light of a glow ball! To register or for more information, visit the Pro Shop or call 808-448-2318.



MONGOLIAN BBQ

Treat your Valentine to something different, a delicious Mongolian BBQ at Tradewinds! Choose the meats, veggies and sauces, then our talented chefs cook it up fresh. Price is \$1.55/ounce so you decide how much you pay. Make your reservations early, this one is sure to fill up fast. Call 808-449-7144 to make it yours.



FEB EMPLOYMENT WORKSHOP SERIES

19 Sign up for JBPHH Library's "Acing the Interview" workshop, taking place at 5:30 p.m. in the library. This is part of the valuable employment series taught by MFSC and is FREE. Call 808-449-8296 to register.



SHARKEY THEATER

Party packages are available for private events and movie showings. Perfect for birthdays, command functions, family get-togethers, and more! To book your party, please call 808-306-9276 or email jbphh.sharkeytheater.party@us.navy.mil.

More to see on the other side! ▶

JR. GUARD



PHOTO OF THE MONTH

Preparing the Next Generation of Lifeguards

In January, MWR Aquatics prepared future aquatic professionals through the Red Suit Recruit program, offering a FREE junior lifeguarding course with hands-on training, shadowing certified lifeguards, and essential water safety education.



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Scan our QR codes!



Liberty Program

See this month's Liberty activities calendar.



Outdoor Recreation

Need some gear for your next adventure? Check out our rentals here!

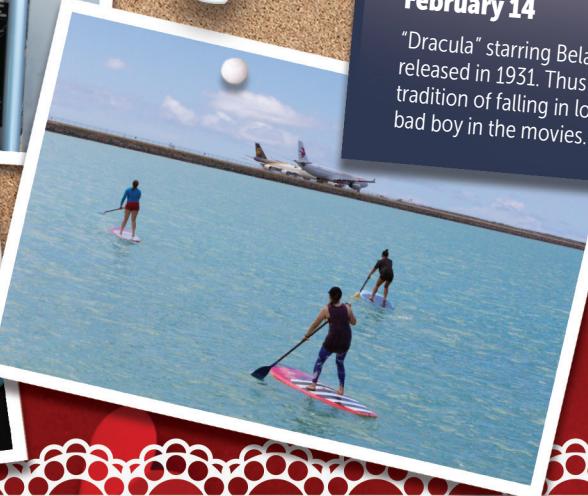
Fitness Centers

Ready to register for 24/7 access? Get more information here.



Military & Family Support Center

See our full list of classes here.



THIS MONTH'S EXTRA:

February 14

"Dracula" starring Bela Lugosi is released in 1931. Thus began the tradition of falling in love with the bad boy in the movies.

Arts & Crafts

Enya, Tea, and Painting oh my!

The Paint & Sip class is a time to sit down, unwind, and let creativity flow. Expect a zen atmosphere, tea options, and a guided painting course. All painting materials provided and no experience required. The next classes are on Feb 4 and 20, space is limited!

Everything Food & Drink

Warm up those pipes, karaoke is back!

Join us at The Sandbar in the Kona Winds Complex every Friday and get your song list ready. Professionals need not apply, this night is for all the closet crooners out there. Grab the mic and get ready to belt out your favorite song.

Liberty Program

Balls of Liberty

Take on the MWR team in the Balls of Liberty Challenge throughout the month of March. Beat one of our Liberty players in table tennis to work your way up the ladder.

Outdoor Recreation

Explore Hawai'i's outdoors while learning new skills along the way!

From sailing and surfing to snorkeling, paddleboarding, and kayaking, our Outdoor Recreation services provide expert guidance and top-tier equipment to help you make the most of your time on the water.

Fitness Centers

The Warrior Rig

Do you need a setup that allows you to move quickly from one exercise to another? Check out the Warrior Rig at the JBPHH Fitness Center. It has all the attachments you need to switch out gear so you can continue your workout with minimal downtime.

MFSC

The MFSC is your one-stop-shop for support services. Whether you need EFMP resources, personal finance assistance, or help with TAP sign-ups, they're the place for you. Stop by their office on Bougainville or visit our website for more information.



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All information is subject to change. Scan the QR code to see a list of upcoming events.